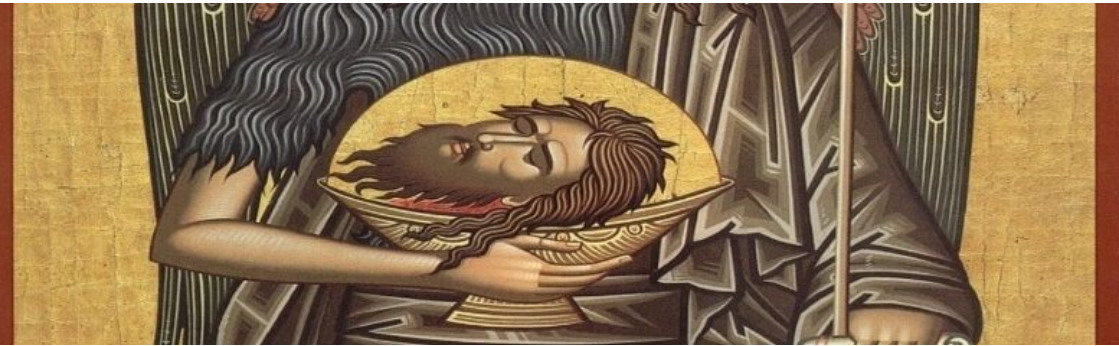




Where all find a welcome and are nurtured in their journey with Christ.

# The sixth Sunday after Trinity

Sunday 11 July 2021 at 10.00 am



# The Gathering

*Our worship begins at the sound of the bell, please stand as the sacred ministers enter, during which the introit hymn is sung.*

Lead us, heav'nly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us,  
for we have no help but thee;  
yet possessing ev'ry blessing  
if our God our Father be.

Saviour, breathe forgiveness o'er us:  
all our weakness thou dost know;  
thou didst tread this earth before us,  
thou didst feel its keenest woe;  
lone and dreary, faint and weary,  
through the desert thou didst go.

Spirit of our God, descending,  
fill our hearts with heav'nly joy,  
love with ev'ry passion blending,  
pleasure that can never cloy:  
thus provided, pardoned, guided,  
nothing can our peace destroy.

*Words: James Edmeston (1791-1867)*

*Music: Friedrich Filitz (1804-1876)*

*Hymn Tune: MANNHEIM*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

## The Greeting

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

**and also with you.**

## Words of Welcome

## Invitation to Confession

As we prepare to celebrate the mystery of God's love,  
revealed in Word and Sacrament,  
let us call to mind our sins.

*Silence is kept.*

**Father eternal, giver of light and grace,  
we have sinned against you and against our neighbour,  
in what we have thought,  
in what we have said and done,  
through ignorance, through weakness,  
through our own deliberate fault.**

**We have wounded your love,  
and marred your image in us.**

**We are sorry and ashamed,  
and repent of all our sins.**

**For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past;  
and lead us out from darkness  
to walk as children of light.**

**Amen.**

May the God of love and power  
forgive you and free you from your sins,  
heal and strengthen you by his Spirit,  
and raise you to new life in Christ our Lord.

**Amen.**

# **Gloria in Excelsis**

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

# The Collect

*The president introduces a period of silent prayer with the words 'Let us pray'.*

Merciful God,  
you have prepared for those who love you  
such good things as pass our understanding:  
pour into our hearts such love toward you  
that we, loving you in all things and above all things,  
may obtain your promises,  
which exceed all that we can desire;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

# The Liturgy of the Word

A reading from the letter of Paul to the Ephesians.

Blessed be the God and Father of our Lord Jesus Christ,  
who has blessed us in Christ with every spiritual  
blessing in the heavenly places, just as he chose us in  
Christ before the foundation of the world to be holy  
and blameless before him in love. He destined us for  
adoption as his children through Jesus Christ, according  
to the good pleasure of his will, to the praise of his

glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

*Ephesians 1.3-14*

This is the word of the Lord.

**Thanks be to God.**

## **Gospel Reading**

*Please stand with the president as an acclamation is sung to herald the Gospel.*

Alleluia, alleluia, alleluia, alleluia.

We do not live by bread alone,  
but by every word that comes from the mouth of God.

*cf Matthew 4.4*

Alleluia, alleluia, alleluia, alleluia.

Hear the Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, O Lord.**

King Herod heard of the healings and other miracles, for Jesus' name had become known. Some were saying, "John the baptiser has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected



him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptiser." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

*Mark 6.14-29*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

# Sermon

*Please sit after the preacher leads us in prayer.*

## Affirmation of faith

*Please stand with the president.*

Let us declare our faith in God.

**We believe in God the Father,  
from whom every family  
in heaven and on earth is named.**

**We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.**

**We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.**

**We believe in one God;  
Father, Son and Holy Spirit.  
Amen.**

*cf Ephesians 3*

# Prayers of Intercession

*Following an invitation to pray from the intercessor we sit to pray.*

*The response to the bidding*

Lord, in your mercy.

**Hear our prayer.**

*then at the end*

Merciful Father,

**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## The Liturgy of the Sacrament

*Please stand with the president.*

### The Peace

Christ is our peace.  
He has reconciled us to God  
in one body by the cross.  
We meet in his name and share his peace.

The peace of the Lord be always with you

**and also with you.**

## **Preparation of the Table**

*The table is prepared and bread and wine are placed upon it.*

*A Hymn is sung.*

King of glory, King of peace,  
I will love thee;  
and, that love may never cease,  
I will move thee.  
Thou hast granted my request,  
thou hast heard me;  
thou didst note my working breast,  
thou hast spared me.

Wherefore with my utmost art,  
I will sing thee;  
and the cream of all my heart  
I will bring thee.  
Though my sins against me cried,  
thou didst clear me,  
and alone, when they replied,  
thou didst hear me.

Sev'n whole days, not one in sev'n,  
I will praise thee;  
in my heart, though not in heav'n,  
I can raise thee.  
Small it is, in this poor sort  
to enrol thee:  
e'en eternity's too short  
to extol thee.

*Words: George Herbert (1593-1633)*

*Music: John David Jones (1827-1870)*

*Hymn Tune: GWALCHMAI*

## **Taking of the Bread and Wine**

Pour upon the poverty of our love,  
and the weakness of our praise,  
the transforming fire of your presence.

**Amen.**

## **The Eucharistic Prayer (F)**

*Please sit.*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

You are worthy of our thanks and praise,  
Lord God of truth,  
for by the breath of your mouth  
you have spoken your word,  
and all things have come into being.  
You fashioned us in your image  
and placed us in the garden of your delight.  
Though we chose the path of rebellion  
you would not abandon your own.  
Again and again you drew us into your covenant of grace.  
You gave your people the law and taught us by your prophets  
to look for your reign of justice, mercy and peace.  
As we watch for the signs of your kingdom on earth,  
we echo the song of the angels in heaven,  
evermore praising you and saying:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

Lord God, you are the most holy one,

enthroned in splendour and light,  
yet in the coming of your Son Jesus Christ  
you reveal the power of your love  
made perfect in our human weakness.

Choristers:     Amen. Lord, we believe.

Embracing our humanity,  
Jesus showed us the way of salvation;  
loving us to the end,  
he gave himself to death for us;  
dying for his own,  
he set us free from the bonds of sin,  
that we might rise and reign with him in glory.

Choristers:     Amen. Lord, we believe.

On the night he gave up himself for us all  
he took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

Choristers:     Amen. Lord, we believe.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you; this is my blood of the new covenant  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Choristers:     Amen. Lord, we believe.

Therefore we proclaim the death that he suffered on the cross,  
we celebrate his resurrection, his bursting from the tomb,  
we rejoice that he reigns at your right hand on high  
and we long for his coming in glory.

Choristers:     Amen. Come, Lord Jesus.

As we recall the one, perfect sacrifice of our redemption,  
Father, by your Holy Spirit let these gifts of your creation  
be to us the body and blood of our Lord Jesus Christ;  
form us into the likeness of Christ  
and make us a perfect offering in your sight.

Choristers:     Amen. Come, Holy Spirit.

Look with favour on your people  
and in your mercy hear the cry of our hearts.  
Bless the earth,  
heal the sick,  
let the oppressed go free  
and fill your Church with power from on high.

Choristers:     Amen. Come, Holy Spirit.

Gather your people from the ends of the earth  
to feast with Blessed Mary and all your saints  
at the table in your kingdom,  
where the new creation is brought to perfection  
in Jesus Christ our Lord;



by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

*Silence is kept.*

## **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

# Breaking of the Bread

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

## Invitation to Communion

God's holy gifts  
for God's holy people.

**Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

*The president and people receive communion. At the giving of communion, the president receives communion in both kinds.*

*The words of distribution ("The body and blood of Christ, broken/shed for us all") are spoken to the congregation, and all who intend to receive reply with "Amen".*

*At the distribution, please follow the guidance offered by the stewards. Holy Communion is administered without speaking. The consecrated bread is dropped into the hands of communicants. To reduce the risk of spreading any infection, communion will be in one kind (bread) only. This is still considered to be complete communion by the Church of England.*

*For those at home it might be helpful to use this prayer during the distribution.*

**Blessed are you, God and Father of our Lord Jesus Christ,**

*you have blessed us with every spiritual blessing;  
enable us by your power to be true to our calling  
and live holy and blameless before you all our days;  
through Jesus Christ our Lord,  
who is ever alive and reigns with you and the Holy Spirit,  
for ever and ever.  
Amen.*

## **The Post Communion Prayer**

*Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.*

God of our pilgrimage,  
you have led us to the living water:  
refresh and sustain us  
as we go forward on our journey,  
in the name of Jesus Christ our Lord.

**Amen.**

**You have opened to us the Scriptures, O Christ,  
and you have made yourself known  
in the breaking of the bread.  
Abide with us, we pray,  
that, blessed by your royal presence,  
we may walk with you  
all the days of our life,  
and at its end behold you  
in the glory of the eternal Trinity,  
one God for ever and ever.  
Amen.**

*A hymn is sung.*

God is love: let heav'n adore him;  
God is love: let earth rejoice;  
let creation sing before him,  
and exalt him with one voice.  
He who laid the earth's foundation,  
he who spread the heav'ns above,  
he who breathes through all creation,  
he is love, eternal Love.

God is love: and he enfoldeth  
all the world in one embrace;  
with unfailing grasp he holdeth  
ev'ry child of ev'ry race.

And when human hearts are breaking  
under sorrow's iron rod,  
then they find that self-same aching  
deep within the heart of God.

God is love: and though with blindness  
sin afflicts the human soul,  
God's eternal loving-kindness  
guides and heals and makes us whole.  
Sin and death and hell shall never  
o'er us final triumph gain;  
God is love, so love for ever  
o'er the universe must reign.

*Words: Timothy Rees (1874-1939) alt.  
Music: William Penfro Rowlands (1860-1937)  
Hymn Tune: BLAENWERN*

## The Dismissal

### The Blessing

God give you grace,

to become the people he has called you to be,  
that you may live and work to his praise and glory;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

## **The Dismissal**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

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