



Where all find a welcome and are nurtured in their journey with Christ.

The seventh Sunday after Trinity

Sunday 18 July 2021 at 10.00 am



“And he had compassion for them”

The Gathering

Our worship begins at the sound of the bell, please stand as the sacred ministers enter, during which the introit hymn is sung.

Christ is made the sure foundation,
Christ the head and cornerstone,
chosen of the Lord, and precious,
binding all the Church in one,
holy Sion's help for ever,
and her confidence alone.

To this temple, where we gather,
come, O Lord of Hosts, today;
with thy wonted loving-kindness,
hear thy servants as they pray,
and thy fullest benediction
shed within its walls always.

Here vouchsafe to all thy servants
what they ask of thee to gain,
what they gain from thee for ever
with the blessed to retain,
and hereafter in thy glory
evermore with thee to reign.

Praise and honour to the Father,
praise and honour to the Son,
praise and honour to the Spirit,
ever Three and ever One,
consubstantial, co-eternal,
while unending ages run.

*Words: 'Urbs beata Jerusalem' (c. 7th century)
translated by John Mason Neale (1818-1866) alt.
Music: Henry Purcell (1659-1695) arr. E. Hawkins (1802-1868)
Hymn Tune: WESTMINSTER ABBEY*

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you

and also with you.

Words of Welcome

Invitation to Confession

The Spirit of the Lord fills the world
and knows our every word and deed.
Let us then open ourselves to the Lord
and confess our sins in penitence and faith.

Silence is kept.

Christ came in humility to share our lives:
forgive our pride.
Lord, have mercy.

Lord, have mercy.

Christ came with good news for all people:
forgive our silence.
Christ, have mercy.

Christ, have mercy.

Christ came in love to a world of suffering:
forgive our self-centredness.
Lord, have mercy.

Lord, have mercy.

The almighty and merciful Lord
grant you pardon and forgiveness of all your sins,

time for amendment of life,
and the grace and strength of the Holy Spirit.

Amen.

Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

The president introduces a period of silent prayer with the words 'Let us pray'.

Lord of all power and might,
the author and giver of all good things:
graft in our hearts the love of your name,
increase in us true religion,
nourish us with all goodness,
and of your great mercy keep us in the same;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The Liturgy of the Word

A reading from the letter of Paul to the Ephesians.

Remember that at one time you Gentiles by birth, called “the uncircumcision” by those who are called “the circumcision”—a physical circumcision made in the flesh by human hands—remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling place for God.

Ephesians 2.11-22

This is the word of the Lord.

Thanks be to God.

Gospel Reading

Please stand with the president as an acclamation is sung to herald the Gospel.

Alleluia, alleluia, alleluia, alleluia.

We do not live by bread alone,
but by every word that comes from the mouth of God.

cf Matthew 4.4

Alleluia, alleluia, alleluia, alleluia.

Hear the Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

The apostles returned from their mission. They gathered around Jesus, and told him all that they had done and taught. He said to them, “Come away to a deserted place all by yourselves and rest a while.” For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognised them, and they hurried there on foot from all the towns and arrived ahead of them. As

he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognised him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

Mark 6.30-34, 53-end

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

Please sit after the preacher leads us in prayer.

Affirmation of faith

Please stand with the president.

Let us declare our faith in God.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the
dead,**

and his kingdom will have no end.

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

Following an invitation to pray from the intercessor we sit to pray

The response to the bidding

Lord, in your mercy.

Hear our prayer.

then at the end

Merciful Father,

accept these prayers

**for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Liturgy of the Sacrament

Please stand with the president.

The Peace

We are the body of Christ.
In the one Spirit we were all baptised into one body.
Let us then pursue all that makes for peace
and builds up our common life.

The peace of the Lord be always with you
and also with you.

Preparation of the Table

The table is prepared and bread and wine are placed upon it.

A Hymn is sung.

The King of love my shepherd is,
whose goodness faileth never;
I nothing lack if I am his
and he is mine for ever.

Where streams of living waters flow
my ransomed soul he leadeth,
and where the verdant pastures grow
with food celestial feedeth.

Perverse and foolish oft I strayed,
but yet in love he sought me,
and on his shoulder gently laid,
and home, rejoicing, brought me.

In death's dark vale I fear no ill
with thee, dear Lord, beside me;
thy rod and staff my comfort still,
thy cross before to guide me.

Thou spread'st at table in my sight,
thy unction grace bestoweth:
and O what transport of delight
from thy pure chalice floweth!

And so through all the length of days
thy goodness faileth never;
good Shepherd, may I sing thy praise
within thy house for ever.

Words: Henry Williams Baker (1821-1877) based on Psalm 23

Music: Irish melody (Petrie Collection)

Hymn Tune: SAINT COLUMBA

Taking of the Bread and Wine

Blessed are you, Lord God of all creation:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation:
through your goodness we have this wine to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

Blessed be God for ever.

The Eucharistic Prayer (F)

Please sit.

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

You are worthy of our thanks and praise,
Lord God of truth,
for by the breath of your mouth
you have spoken your word,
and all things have come into being.
You fashioned us in your image
and placed us in the garden of your delight.
Though we chose the path of rebellion
you would not abandon your own.
Again and again you drew us into your covenant of grace.
You gave your people the law and taught us by your prophets
to look for your reign of justice, mercy and peace.
As we watch for the signs of your kingdom on earth,
we echo the song of the angels in heaven,
evermore praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord God, you are the most holy one,
enthroned in splendour and light,

yet in the coming of your Son Jesus Christ
you reveal the power of your love
made perfect in our human weakness.

Choristers: Amen. Lord, we believe.

Embracing our humanity,
Jesus showed us the way of salvation;
loving us to the end,
he gave himself to death for us;
dying for his own,
he set us free from the bonds of sin,
that we might rise and reign with him in glory.

Choristers: Amen. Lord, we believe.

On the night he gave up himself for us all
he took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

Choristers: Amen. Lord, we believe.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Choristers: Amen. Lord, we believe.

Therefore we proclaim the death that he suffered on the cross,
we celebrate his resurrection, his bursting from the tomb,
we rejoice that he reigns at your right hand on high
and we long for his coming in glory.

Choristers: Amen. Come, Lord Jesus.

As we recall the one, perfect sacrifice of our redemption,
Father, by your Holy Spirit let these gifts of your creation
be to us the body and blood of our Lord Jesus Christ;
form us into the likeness of Christ
and make us a perfect offering in your sight.

Choristers: Amen. Come, Holy Spirit.

Look with favour on your people
and in your mercy hear the cry of our hearts.
Bless the earth,
heal the sick,
let the oppressed go free
and fill your Church with power from on high.

Choristers: Amen. Come, Holy Spirit.

Gather your people from the ends of the earth
to feast with Blessed Mary and all your saints
at the table in your kingdom,
where the new creation is brought to perfection
in Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

Silence is kept.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

Invitation to Communion

God's holy gifts
for God's holy people.

**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

The president and people receive communion. At the giving of communion, the president receives communion in both kinds.

The words of distribution ("The body and blood of Christ, broken/shed for us all") are spoken to the congregation, and all who intend to receive reply with "Amen".

At the distribution, please follow the guidance offered by the stewards. Holy Communion is administered without speaking. The consecrated bread is dropped into the hands of communicants. To reduce the risk of spreading any infection, communion will be in one kind (bread) only. This is still considered to be complete communion by the Church of England.

For those at home it might be helpful to use this prayer during the distribution.

***God of peace, whose Son Jesus Christ returned from the dead to become the Great Shepherd of your sheep, guide us into the ways of peace and mercy, equip us to do everything that is good and build us up to be a holy dwelling-place for you, our God; through the same Christ, who with you and the Holy Spirit are one God, now and for ever.
Amen.***

The Post Communion Prayer

Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.

Lord God, whose Son is the true vine and the source of life,
ever giving himself that the world may live:
may we so receive within ourselves
the power of his death and passion
that, in his saving cup,
we may share his glory and be made perfect in his love;
for he is alive and reigns, now and for ever.

Amen.

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

A hymn is sung.

All my hope on God is founded;
he doth still my trust renew.
Me through change and chance he guideth,
only good and only true.
God unknown,
he alone
calls my heart to be his own.

Pride of man and earthly glory,
sword and crown betray his trust;
what with care and toil he buildeth,
tow'r and temple, fall to dust
but God's pow'r,
hour by hour,
is my temple and my tow'r.

God's great goodness aye endureth,
deep his wisdom, passing thought:
splendour, light and life attend him,
beauty springeth out of naught.
evermore
from his store
new-born worlds rise and adore.

Daily doth th'Almighty giver
bounteous gifts on us bestow;
his desire our soul delighteth,
pleasure leads us where we go.
Love doth stand
at his hand;
joy doth wait on his command.

Still from man to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ his Son.
Christ doth call
one and all:
ye who follow shall not fall.

Words: Robert Bridges (1844-1930)
based on the German of Joachim Neander (1650-1680)
Music: Herbert Howells (1892-1983)
Verse 5 arrangement: Noel Rawsthorne (1929-2019)
Hymn Tune: MICHAEL

The Dismissal

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

The Dismissal

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Gospel acclamation
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Responses to the Eucharistic Prayer
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Music during Holy Communion
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Irish Blessing
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All my hope on God is founded
Words © Oxford University Press
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St Mary's Church, Whitkirk

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