ST MARY'S CHURCH
Whitkirk

Where all find a welcome and are nurtured in their journey with Christ.

The tenth Sunday after Trinity

Sunday 8 August 2021 at 10.00 am

"I am the living bread that came down from heaven."

The Gathering

Our worship begins at the sound of the bell, please stand as the sacred ministers enter, during which the introit hymn is sung.

Lord, enthroned in heav'nly splendour,
first begotten from the dead,
thou alone, our strong defender,
liftest up thy people's head.
Alleluia, alleluia,
Jesu, true and living bread.

Here our humblest homage pay we,
here in loving rev'rence bow;
here for faith's discernment pray we,
lest we fail to know thee now.
Alleluia, alleluia,
thou art here, we ask not how.

Though the lowliest form doth veil thee
as of old in Bethlehem,
here as there thine angels hail thee,
Branch and Flow'r of Jesse's Stem.
Alleluia, alleluia,
we in worship join with them.

Paschal Lamb, thine off'ring, finished
once for all when thou wast slain,
in its fulness undiminished
shall for evermore remain.
Alleluia, alleluia,
cleansing souls from ev'ry stain.

Life-imparting heav'nly manna,
stricken rock with streaming side,
heav'n and earth with loud hosanna
worship thee, the Lamb who died.
Alleluia, alleluia,
ris'n, ascended, glorified!

Words: George Hugh Bourne (1840-1925)
Music: George Clement Martin (1844-1916)
Hymn Tune: SAINT HELEN

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ

be with you

and also with you.

Words of Welcome

Invitation to Confession

As we prepare to celebrate the mystery of God's love,
revealed in Word and Sacrament,
let us call to mind our sins.

Silence is kept.

Father eternal, giver of light and grace,
we have sinned against you and against our neighbour,
in what we have thought,
in what we have said and done,
through ignorance, through weakness,
through our own deliberate fault.
We have wounded your love,
and marred your image in us.
We are sorry and ashamed,
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past;
and lead us out from darkness
to walk as children of light.
Amen.

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by his Spirit,
and raise you to new life in Christ our Lord.

Amen.

Gloria in Excelsis

Glory to God in the highest,
and peace to his people on earth.

Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

The Collect

The president introduces a period of silent prayer with the words 'Let us pray'.

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The Liturgy of the Word

A reading from the second book of Samuel.

> The king ordered Joab and Abishai and Ittai, saying, 'Deal gently for my sake with the young man Absalom.' And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of

David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. And ten young men, Joab's armour-bearers, surrounded Absalom and struck him, and killed him. Then the Cushite came; and the Cushite said, 'Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you.' The king said to the Cushite, 'Is it well with the young man Absalom?' The Cushite answered, 'May the enemies of my lord the king, and all who rise up to do you harm, be like that young man.' The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, 'O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!'

2 Samuel 18.5–9, 15, 31–33

This is the word of the Lord.

Thanks be to God.

Please stand with the president as the gradual hymn is sung. At the end of the hymn please remain standing as the Gospel for the day is read.

O God beyond all praising,
we worship you today,
and sing the love amazing
that songs cannot repay;
for we can only wonder
at ev'ry gift you send,
at blessings without number
and mercies without end:
we lift our hearts before you
and wait upon your word,
we honour and adore you,
our great and mighty Lord.

Then hear, O gracious Saviour,
accept the love we bring,
that we who know your favour
may serve you as our king;
and whether our tomorrows
be filled with good or ill,
we'll triumph through our sorrows
and rise to bless you still:
to marvel at your beauty
and glory in your ways,
and make a joyful duty
our sacrifice of praise.

Words: Michael Perry (1942-1996)
Music: Gustav Holst (1874-1934)
Hymn Tune: THAXTED

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.

Jesus said to the crowd, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.' Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came

down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

John 6. 53, 41-51

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

Please sit after the preacher leads us in prayer.

Affirmation of faith

Please stand with the president.

Let us declare our faith in God.

We believe in God the Father,
from whom every family
in heaven and on earth is named.

We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.

We believe in God the Holy Spirit,
who strengthens us
with power from on high.

We believe in one God;
Father, Son and Holy Spirit.
Amen.

cf Ephesians 3

Prayers of Intercession

Following an invitation to pray from the intercessor we sit to pray.

The response to the bidding

Lord, in your mercy.

Hear our prayer.

then at the end

Merciful Father,

accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.

The Liturgy of the Sacrament

Please stand with the president.

The Peace

We are the body of Christ.
In the one Spirit we were all baptised into one body.
Let us then pursue all that makes for peace
and builds up our common life.

The peace of the Lord be always with you

and also with you.

Preparation of the Table

The table is prepared and bread and wine are placed upon it.

A Hymn is sung.

Dear Lord and Father of mankind,
forgive our foolish ways!
Re-clothe us in our rightful mind,
in purer lives thy service find,
in deeper rev'rence praise,
in deeper rev'rence praise.

In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word,
rise up and follow thee,
rise up and follow thee.

O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!
Interpreted by love!

Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace,
the beauty of thy peace.

Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind and fire,
O still small voice of calm!
O still small voice of calm!

Words: John Greenleaf Whittier (1807-1892)
Music: Charles Hubert Hastings Parry (1848-1918)
Hymn Tune: REPTON

Taking of the Bread and Wine

Blessed are you, Lord God of all creation:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation:
through your goodness we have this wine to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

Blessed be God for ever.

The Eucharistic Prayer (F)

Please sit.

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

You are worthy of our thanks and praise,
Lord God of truth,
for by the breath of your mouth
you have spoken your word,
and all things have come into being.
You fashioned us in your image
and placed us in the garden of your delight.
Though we chose the path of rebellion
you would not abandon your own.
Again and again you drew us into your covenant of grace.
You gave your people the law and taught us by your prophets
to look for your reign of justice, mercy and peace.
As we watch for the signs of your kingdom on earth,
we echo the song of the angels in heaven,
evermore praising you and singing:

Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Lord God, you are the most holy one,
enthroned in splendour and light,
yet in the coming of your Son Jesus Christ
you reveal the power of your love
made perfect in our human weakness.

Sung: **Amen. Lord, we believe.**

Embracing our humanity,
Jesus showed us the way of salvation;
loving us to the end,
he gave himself to death for us;
dying for his own,
he set us free from the bonds of sin,
that we might rise and reign with him in glory.

Sung: **Amen. Lord, we believe.**

On the night he gave up himself for us all
he took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

Sung: **Amen. Lord, we believe.**

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Sung: **Amen. Lord, we believe.**

Therefore we proclaim the death that he suffered on the cross,
we celebrate his resurrection, his bursting from the tomb,
we rejoice that he reigns at your right hand on high
and we long for his coming in glory.

Sung: **Amen. Come, Lord Jesus.**

As we recall the one, perfect sacrifice of our redemption,
Father, by your Holy Spirit let these gifts of your creation
be to us the body and blood of our Lord Jesus Christ;
form us into the likeness of Christ
and make us a perfect offering in your sight.

Sung: **Amen. Come, Holy Spirit.**

Look with favour on your people
and in your mercy hear the cry of our hearts.
Bless the earth,
heal the sick,
let the oppressed go free

and fill your Church with power from on high.

Sung: **Amen. Come, Holy Spirit.**

Gather your people from the ends of the earth
to feast with Blessed Mary and all your saints
at the table in your kingdom,
where the new creation is brought to perfection
in Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

Silence is kept.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us.

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread
to share in the body of Christ.

Though we are many, we are one body,
because we all share in one bread.

Invitation to Communion

Behold the Lamb of God

who takes away the sin of the world.
Blessed are those who are called to his supper.

Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.

The president and people receive communion. At the giving of communion, the president receives communion in both kinds.

The words of distribution ("The body and blood of Christ, broken/shed for us all") are spoken to the congregation, and all who intend to receive reply with "Amen".

At the distribution, please follow the guidance offered by the stewards. Holy Communion is administered without speaking. The consecrated bread is dropped into the hands of communicants. To reduce the risk of spreading any infection, communion will be in one kind (bread) only. This is still considered to be complete communion by the Church of England.

For those at home it might be helpful to use this prayer during the distribution.

Lord God, Almighty, rule in our hearts:
direct our decisions, guide our actions,
let your kingdom grow in us,
that we may live and work to your praise and glory;
through Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
one God for ever and ever.
Amen.

The Post Communion Prayer

Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.

God of our pilgrimage,

you have willed
that the gate of mercy should stand open for those who trust in you: look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.

Amen.

Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.

A hymn is sung.

Alleluia, sing to Jesus,
his the sceptre, his the throne;
alleluia, his the triumph,
his the victory alone:
hark, the songs of peaceful Sion
thunder like a mighty flood:
Jesus, out of ev'ry nation,
hath redeemed us by his blood.

Alleluia, not as orphans
are we left in sorrow now:
alleluia, he is near us,
faith believes, nor questions how;
though the cloud from sight received him
when the forty days were o'er,
shall our hearts forget his promise,
'I am with you evermore'?

Alleluia, bread of angels,
thou on earth our food, our stay;
alleluia, here the sinful
flee to thee from day to day;
intercessor, friend of sinners,
earth's redeemer, plead for me,
where the songs of all the sinless
sweep across the crystal sea.

Alleluia, King eternal,
thee the Lord of lords we own;
alleluia, born of Mary,
earth thy footstool, heav'n thy throne;
thou within the veil hast entered
robed in flesh, our great High Priest;
thou on earth both priest and victim
in the Eucharistic Feast.

Words: William Chatterton Dix (1837-1898)
Music: Rowland Huw Pritchard (1811-1887)
arr. Ralph Vaughan Williams (1872-1958)
Hymn Tune: HYFRYDOL

The Dismissal

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

The Dismissal

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Lord, enthroned in heavenly splendour
Verse 5 harmony © Kevin Mayhew Ltd

The Addington Service
© The Royal School of Church Music

O God beyond all praising
Words © Michael Perry / Jubilate Hymns

Dear Lord and Father of mankind
Verse 5 harmony © Kevin Mayhew Ltd

Eucharistic Prayer (F) responses
Music © G H Taylor

Music during Holy Communion
© Kevin Mayhew Ltd

Alleluia, sing to Jesus
Music © Oxford University Press

Organ voluntary
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