



Where all find a welcome and are nurtured in their journey with Christ.

# The second Sunday before Lent

Sunday 20 February 2022 at 10.00 am

“And Jesus woke up and rebuked the wind and the raging waves; they  
ceased, and there was a calm.”

# The Gathering

*Our worship begins at the sound of the bell, please stand as the sacred ministers enter and the introit hymn is sung.*

**Eternal Father, strong to save,  
Whose arm doth bind the restless wave,  
Who bidd'st the mighty ocean deep  
Its own appointed limits keep:  
O hear us when we cry to thee  
For those in peril on the sea.**

**O Saviour, whose almighty word  
The winds and waves submissive heard,  
Who walkedst on the foaming deep,  
And calm, amid its rage didst sleep:  
O hear us when we cry to thee  
For those in peril on the sea.**

**O sacred Spirit, who didst brood  
Upon the chaos dark and rude,  
Who bidd'st its angry tumult cease,  
And gavest light and life and peace:  
O hear us when we cry to thee  
For those in peril on the sea.**

**O Trinity of love and pow'r,  
Our brethren shield in danger's hour.  
From rock and tempest, fire and foe,  
Protect them whereso'er they go:  
And ever let there rise to thee  
Glad hymns of praise from land and sea.**

*Words: W. Whiting (1825-1878)*

*Music: J. B. Dykes (1823-1876)*

*Hymn Tune: MELITA*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

## **The Greeting**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

**and also with you.**

## **Words of Welcome**

# Prayers of Penitence

Jesus said:

Before you offer your gift,  
go and be reconciled.

As brothers and sisters in God's family,  
we come together to ask our Father for forgiveness.

*Silence is kept.*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy, and walk humbly with you, our God.  
Amen.**

*The president says*

May the God of love and power  
forgive you and free you from your sins,  
heal and strengthen you by his Spirit,

and raise you to new life in Christ our Lord.

**Amen.**

## **Gloria in Excelsis**

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

# The Collect

*The president introduces a period of silent prayer with the words 'Let us pray'.*

Almighty God,  
you have created the heavens and the earth  
and made us in your own image:  
teach us to discern your hand in all your works  
and your likeness in all your children;  
through Jesus Christ your Son our Lord,  
who with you and the Holy Spirit  
reigns supreme over all things,  
now and for ever.

**Amen.**

# The Liturgy of the Word

*Please sit.*

A reading from the book of Genesis.

In the day that the Lord God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up – for the Lord God had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground – then the Lord God formed man from the dust

of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the Lord God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the Lord God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.' Then the Lord God said, 'It is not good that the man should be alone; I will make him a helper as his partner.' So out of the ground the Lord God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called every living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner.

So the Lord God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said, 'This at

last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken.' Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh. And the man and his wife were both naked, and were not ashamed.

*Genesis 2:4b-9, 15-end*

This is the word of the Lord.

**Thanks be to God.**

*Please stand as the gradual hymn is sung. During the hymn a procession will make its way to the centre of the nave from where the Gospel for the day is read. To symbolise our desire to turn to Christ in our daily lives, at the end of the hymn we remain standing and turn to face the place where the Gospel is proclaimed.*

**Thou, whose almighty word  
Chaos and darkness heard,  
And took their flight;  
Hear us, we humbly pray,  
And where the gospel-day  
Sheds not its glorious ray,  
Let there be light.**



**Thou, who didst come to bring  
On thy redeeming wing  
Healing and sight;  
Health to the sick in mind,  
Sight to the inly blind,  
O now to all mankind  
Let there be light.**

**Spirit of truth and love,  
Life-giving, holy Dove,  
Speed forth thy flight;  
Move on the water's face,  
Bearing the lamp of grace,  
And in earth's darkest place  
Let there be light.**

**Holy and blessèd Three,  
Glorious Trinity,  
Wisdom, Love, Might;  
Boundless as ocean's tide  
Rolling in fullest pride,  
Through the earth far and wide  
Let there be light.**

*Words: J. Marriott (1780-1825)*  
*Music: melody from Madan's 'Collection' (1769)*  
*adapted by Felice de Giardini (1716-1796)*  
*Hymn Tune: MOSCOW*

## Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to Luke

**Glory to you, O Lord.**

One day Jesus got into a boat with his disciples, and he said to them, 'Let us go across to the other side of the lake.' So they put out, and while they were sailing he fell asleep. A gale swept down on the lake, and the boat was filling with water, and they were in danger. They went to him and woke him up, shouting, 'Master, Master, we are perishing!' And he woke up and rebuked the wind and the raging waves; they ceased, and there was a calm. He said to them, 'Where is your faith?' They were afraid and amazed, and said to one another, 'Who then is this, that he commands even the winds and the water, and they obey him?'

*Luke 8.22-25*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

# Sermon

*Please sit after the preacher leads us in prayer.*

## An Affirmation of Faith

*Please stand with the president.*

Let us declare our faith in God.

**We believe in God the Father,  
from whom every family  
in heaven and on earth is named.**

**We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.**

**We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.**

**We believe in one God;  
Father, Son and Holy Spirit.  
Amen.**

# Prayers of Intercession

*Following an invitation to pray from the intercessor we kneel or sit to pray.*

*The response to the bidding.*

Lord, in your mercy.

**Hear our prayer.**

*Then at the end.*

Merciful Father,

**Accept these prayers for the sake of your Son,  
Our Saviour Jesus Christ.**

**Amen.**

# The Liturgy of the Sacrament

*Please stand with the president.*

## The Peace

God is love  
and those who live in love live in God  
and God lives in them.

The peace of the Lord be always with you

**and also with you.**

## Preparation of the Table

*The table is prepared and bread and wine are placed upon it.*

*A hymn is sung.*

**Will your anchor hold in the storms of life,  
When the clouds unfold their wings of strife?  
When the strong tides lift, and the cables strain,  
Will your anchor drift, or firm remain?**

***We have an anchor that keeps the soul  
Steadfast and sure while the billows roll;  
Fastened to the rock which cannot move,  
Grounded firm and deep in the Saviour's love!***

**Will your anchor hold in the straits of fear,  
When the breakers roar and the reef is near?  
While the surges rage, and the wild winds blow,  
Shall the angry waves then your bark o'erflow?**

***We have an anchor that keeps the soul  
Steadfast and sure while the billows roll;  
Fastened to the rock which cannot move,  
Grounded firm and deep in the Saviour's love!***

**Will your anchor hold in the floods of death,  
When the waters cold chill your latest breath?  
On the rising tide you can never fail,  
While your anchor holds within the veil.**

***We have an anchor that keeps the soul  
Steadfast and sure while the billows roll;  
Fastened to the rock which cannot move,  
Grounded firm and deep in the Saviour's love!***

**Will your eyes behold through the morning light,  
The city of gold and the harbour bright?  
Will you anchor safe by the heav'nly shore,  
When life's storms are past for evermore?**

***We have an anchor that keeps the soul  
Steadfast and sure while the billows roll;  
Fastened to the rock which cannot move,  
Grounded firm and deep in the Saviour's love!***

Words: P. J. Owens (1829-1899)

Music: W. J. Kirkpatrick (1838-1921)

Hymn Tune: WILL YOUR ANCHOR HOLD

## **Taking of the Bread and Wine**

**Look upon us in mercy not in judgement;  
draw us from hatred to love;**

make the frailty of our praise  
a dwelling place for your glory.

**Amen.**

## **The Eucharistic Prayer (F)**

*Please kneel or sit.*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

You are worthy of our thanks and praise,  
Lord God of truth,  
for by the breath of your mouth  
you have spoken your word,  
and all things have come into being.  
You fashioned us in your image  
and placed us in the garden of your delight.  
Though we chose the path of rebellion  
you would not abandon your own.  
Again and again you drew us into your covenant of grace.  
You gave your people the law and taught us by your prophets

to look for your reign of justice, mercy and peace.  
As we watch for the signs of your kingdom on earth,  
we echo the song of the angels in heaven,  
evermore praising you and singing:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord God, you are the most holy one,  
enthroned in splendour and light,  
yet in the coming of your Son Jesus Christ  
you reveal the power of your love  
made perfect in our human weakness.

*Sung:*           **Amen. Lord, we believe.**

Embracing our humanity,  
Jesus showed us the way of salvation;  
loving us to the end,  
he gave himself to death for us;  
dying for his own,  
he set us free from the bonds of sin,  
that we might rise and reign with him in glory.

*Sung:*           **Amen. Lord, we believe.**



On the night he gave up himself for us all  
he took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

*Sung:*           **Amen. Lord, we believe.**

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you; this is my blood of the new covenant  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

*Sung:*           **Amen. Lord, we believe.**

Therefore we proclaim the death that he suffered on the cross,  
we celebrate his resurrection, his bursting from the tomb,  
we rejoice that he reigns at your right hand on high  
and we long for his coming in glory.

*Sung:*           **Amen. Come, Lord Jesus.**

As we recall the one, perfect sacrifice of our redemption,  
Father, by your Holy Spirit let these gifts of your creation  
be to us the body and blood of our Lord Jesus Christ;  
form us into the likeness of Christ  
and make us a perfect offering in your sight.

*Sung:*           **Amen. Come, Holy Spirit.**

Look with favour on your people  
and in your mercy hear the cry of our hearts.  
Bless the earth,  
heal the sick,  
let the oppressed go free  
and fill your Church with power from on high.

*Sung:*           **Amen. Come, Holy Spirit.**

Gather your people from the ends of the earth  
to feast with Blessed Mary and all your saints  
at the table in your kingdom,  
where the new creation is brought to perfection  
in Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

*Sung:*           **Amen. Amen. Amen.**

*Silence is kept.*

## **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

*The **Agnus Dei** is sung as the bread is broken for distribution.*

**Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
grant us peace.**

## **Invitation to Communion**

He whom the universe could not contain,  
who redeemed us and called us by name  
is present to us in this bread and this cup.

God's holy gifts  
for God's holy people.

**Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

*The president and people receive communion. All baptised Christians are welcome to receive the sacrament. Please follow the guidance offered by the stewards.*

*If you are not baptised, or would prefer to not receive then do still come forward for a blessing bringing this book with you so the president knows your intention.*

*The sacrament is available in both kinds, however if you wish to only receive the bread please do so and then return to your place. Receiving in one kind is still considered to be full communion by the Church of England. Please do not dip bread*

*in the wine (sometimes called ‘intincting’).*

*To the words “The Body/Blood of Christ” the communicant replies “**Amen**”.*

*For those at home it might be helpful to use this prayer during the distribution.*

*God, you have created us out of your love  
and for your love.*

*Christ, you have redeemed us by your love  
and for your love.*

*Holy Spirit, you inspire us with your love  
and for your love.*

*Give us grace to perceive your love  
and to reflect your love*

*Father, Son and Holy Spirit.*

*Amen.*

## **Choir Anthem**

### **‘A Gaelic Blessing’**

*J. Rutter (b. 1945)*

*One or two Communion Hymns may be sung during the distribution as time allows.*

*Please remain seated.*

**Gather around, for the table is spread,  
Welcome the food and rest!  
Wide is our circle, with Christ at the head,  
He is the honoured guest.  
Learn of his love, grow in his grace,  
Pray for the peace he gives;  
Here at this meal, here in this place,  
Know that his spirit lives!  
Once he was known in the breaking of bread,  
Shared with a chosen few;  
Multitudes gathered and by him were fed,  
So will he feed us too.**

*Words: J. Holloway (b. 1939)*

*Music: Scottish traditional melody arr. C. Hand (1929-2015)*

*Hymn Tune: SKYE BOAT SONG*

**Sweet sacrament divine,  
Hid in thine earthly home,  
Lo, round thy lowly shrine,  
With suppliant hearts we come;  
Jesu, to thee our voice we raise  
In songs of love and heartfelt praise:  
Sweet sacrament divine,  
Sweet sacrament divine.**

**Sweet sacrament of rest,  
Ark from the ocean's roar,  
Within thy shelter blest  
Soon may we reach the shore;  
Save us, for still the tempest raves,  
Save, lest we sink beneath the waves:  
Sweet sacrament of rest,  
Sweet sacrament of rest.**

**Sweet sacrament divine,  
Earth's light and jubilee,  
In thy far depths doth shine  
Thy Godhead's majesty;  
Sweet light, so shine on us, we pray,  
That earthly joys may fade away:  
Sweet sacrament divine,  
Sweet sacrament divine.**

*Words & Music: F. Stanfield (1835-1914)*

*Hymn Tune: DIVINE MYSTERIES*

## **The Post Communion Prayer**

*Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.*

God our creator, by your gift,  
the tree of life was set at the heart of the earthly paradise,

and the bread of life at the heart of your Church:  
may we who have been nourished at your table on earth  
be transformed by the glory of the Saviour's cross  
and enjoy the delights of eternity;  
through Jesus Christ our Lord.

**Amen.**

**Lord,  
we have broken your bread  
and received your life.  
By the power of your Spirit  
keep us always in your love;  
through Jesus Christ our Lord.  
Amen.**

*A hymn is sung.*

**All creatures of our God and King,  
Lift up your voice and with us sing  
Alleluia, alleluia!  
Thou burning sun with golden beam,  
Thou silver moon with softer gleam:  
O praise him, O praise him,  
Alleluia, alleluia, alleluia.**



**Thou flowing water, pure and clear,  
Make music for thy Lord to hear,  
Alleluia, alleluia!**

**Thou fire so masterful and bright,  
That givest us both warmth and light:  
O praise him, O praise him,  
Alleluia, alleluia, alleluia.**

**Dear mother earth, who day by day  
Unfoldest blessings on our way,  
O praise him, alleluia!  
The flow'rs and fruits that in thee grow,  
Let them his glory also show.  
O praise him, O praise him,  
Alleluia, alleluia, alleluia.**

**Let all things their Creator bless,  
And worship him in humbleness,  
O praise him, alleluia!  
Praise, praise the Father, praise the Son,  
And praise the Spirit, Three in One.  
O praise him, O praise him,  
Alleluia, alleluia, alleluia.**

Words: W. H. Draper (1855-1933) alt.  
based on the 'Cantico di Frate Sole' of St Francis of Assisi (1182-1226)  
Music: melody from 'Geistliche Kirchengesang', Cologne (1623)  
arr. R. Vaughan Williams (1872-1958)  
Hymn Tune: LASST UNS ERFREUEN

# The Dismissal

## The Blessing

The God of hope  
fill you with all joy and peace in believing;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

## The Dismissal

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

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Music after the Gospel  
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Eucharistic Prayer Responses  
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*A Gaelic Blessing*  
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*Gather around, for the table is spread*  
Words © Kevin Mayhew Ltd  
Musical arrangement © Kevin Mayhew Ltd

Music during Holy Communion  
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*All creatures of our God and King*  
Words © J. Curwen & Sons  
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St Mary's Church, Whitkirk

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