



Where all find a welcome and are nurtured in their journey with Christ.

Ash Wednesday

Wednesday 2 March 2022 at 7.30 pm



“Remember you are dust and to dust shall you return, turn away from sin and be faithful to Christ.”

The Gathering

Our worship begins at the sound of the bell, please stand as the sacred ministers enter and the introit hymn is sung.

**All my hope on God is founded;
He doth still my trust renew.
Me through change and chance he guideth,
Only good and only true.
God unknown,
He alone
Calls my heart to be his own.**

**Pride of man and earthly glory,
Sword and crown betray his trust;
What with care and toil he buildeth,
Tow'r and temple, fall to dust
But God's pow'r,
Hour by hour,
Is my temple and my tow'r.**

**God's great goodness aye endureth,
Deep his wisdom, passing thought:
Splendour, light and life attend him,
Beauty springeth out of naught.
Evermore
From his store
New-born worlds rise and adore.**

**Daily doth th'Almighty giver
Bounteous gifts on us bestow;
His desire our soul delighteth,
Pleasure leads us where we go.
Love doth stand
At his hand;
Joy doth wait on his command.**

**Still from man to God eternal
Sacrifice of praise be done,
High above all praises praising
For the gift of Christ his Son.
Christ doth call
One and all:
Ye who follow shall not fall.**

*Words: R. Bridges (1844-1930)
based on the German of J. Neander (1650-1680)
Music: H. Howells (1892-1983)
Hymn Tune: MICHAEL*

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you

and also with you.

Introduction

Brothers and sisters in Christ, since early days Christians have observed with great devotion the time of our Lord's passion and resurrection and prepared for this by a season of penitence and fasting.

By carefully keeping these days, Christians take to heart the call to repentance and the assurance of forgiveness proclaimed in the gospel, and so grow in faith and in devotion to our Lord.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy word.

The Collect

The president introduces a period of silent prayer with the words 'Let us pray for grace to keep Lent faithfully'.

Almighty and everlasting God,
you hate nothing that you have made
and forgive the sins of all those who are penitent:
create and make in us new and contrite hearts
that we, worthily lamenting our sins
and acknowledging our wretchedness,
may receive from you, the God of all mercy,
perfect remission and forgiveness;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The Liturgy of the Word

Please sit.

A reading from the prophecy of Isaiah.

Thus says the Lord:

Shout out, do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,

to the house of Jacob their sins.

Yet day after day they seek me

and delight to know my ways,

as if they were a nation that practiced righteousness

and did not forsake the ordinance of their God;

they ask of me righteous judgments,

they delight to draw near to God.

“Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?”

Look, you serve your own interest on your fast day,

and oppress all your workers.

Look, you fast only to quarrel and to fight

and to strike with a wicked fist.

Such fasting as you do today

will not make your voice heard on high.

Is such the fast that I choose,

a day to humble oneself?

Is it to bow down the head like a bulrush,

and to lie in sackcloth and ashes?

Will you call this a fast,

a day acceptable to the Lord?

Is not this the fast that I choose:

to loose the bonds of injustice,

to undo the thongs of the yoke,

to let the oppressed go free,
and to break every yoke?

Is it not to share your bread with the hungry,
and bring the homeless poor into your house;
when you see the naked, to cover them,
and not to hide yourself from your own kin?

Then your light shall break forth like the dawn,
and your healing shall spring up quickly;
your vindicator shall go before you,
the glory of the Lord shall be your rear guard.

Then you shall call, and the Lord will answer;
you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you,
the pointing of the finger, the speaking of evil,
if you offer your food to the hungry
and satisfy the needs of the afflicted,
then your light shall rise in the darkness
and your gloom be like the noonday.

The Lord will guide you continually,
and satisfy your needs in parched places,
and make your bones strong;
and you shall be like a watered garden,
like a spring of water,
whose waters never fail.

Your ancient ruins shall be rebuilt;
you shall raise up the foundations of many
generations;
you shall be called the repairer of the breach,
the restorer of streets to live in.

This is the word of the Lord.

Thanks be to God.

Please stand as the gradual hymn is sung. During the hymn a procession will make its way to the centre of the nave from where the Gospel for the day is read. To symbolise our desire to turn to Christ in our daily lives, at the end of the hymn we remain standing and turn to face the place where the Gospel is proclaimed.

Forty days and forty nights

Thou wast fasting in the wild;

Forty days and forty nights

Tempted, and yet undefiled.

Sunbeams scorching all the day;

Chilly dew-drops nightly shed,

Prowling beasts about thy way,

Stones thy pillow, earth thy bed.

Shall not we thy sorrows share,

And from earthly joys abstain,

Fasting with unceasing prayer,

Glad with thee to suffer pain?

**And if Satan, vexing sore,
Flesh or spirit should assail,
Thou, his vanquisher before,
Grant we may not faint nor fail.**

**So shall we have peace divine;
Holier gladness ours shall be;
Round us too shall angels shine,
Such as ministered to thee.**

**Keep, O keep us, Saviour dear,
Ever constant by thy side,
That with thee we may appear
At th'eternal Eastertide.**

Words: G. H. Smyttan (1822-1870) and F. Pott (1832-1909)

Music: melody from 'Nürnbergisches Gesangbuch' (1676)

Hymn Tune: AUS DER TIEFE (HEINLEIN)

Gospel Reading

Praise to you, O Christ, King of eternal glory.
The Lord is a great God, O that today you would listen to his
voice. Harden not your hearts.

cf Psalm 95.3, 8

Praise to you, O Christ, King of eternal glory.

Hear the Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.

Jesus went to the Mount of Olives. Early in the morning he came again to the temple. All the people came to him and he sat down and began to teach them. The scribes and the Pharisees brought a woman who had been caught in adultery; and making her stand before all of them, they said to him, "Teacher, this woman was caught in the very act of committing adultery. Now in the law Moses commanded us to stone such women. Now what do you say?" They said this to test him, so that they might have some charge to bring against him. Jesus bent down and wrote with his finger on the ground. When they kept on questioning him, he straightened up and said to them, "Let anyone among you who is without sin be the first to throw a stone at her." And once again he bent down and wrote on the ground. When they heard it, they went away, one by one, beginning with the elders; and Jesus was left alone with the woman standing before him. Jesus straightened up and said to her, "Woman, where are they? Has no one condemned you?" She said, "No one, sir." And Jesus said, "Neither do I condemn you. Go your way, and from now on do not sin again."

John 8.1-11

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

Please sit after the preacher leads us in prayer.

The Liturgy of Penitence

Self-examination and Confession

Let us now call to mind our sin and the infinite mercy of God.

God the Father,

have mercy upon us.

God the Son,

have mercy upon us.

God the Holy Spirit,

have mercy upon us.

Holy, blessed and glorious Trinity,

have mercy upon us.

From all evil and mischief;
from pride, vanity, and hypocrisy;
from envy, hatred, and malice;

and from all evil intent,

good Lord, deliver us.

From sloth, worldliness and love of money;
from hardness of heart
and contempt for your word and your laws,

good Lord, deliver us.

From sins of body and mind;
from the deceits of the world, the flesh and the devil,

good Lord, deliver us.

In all times of sorrow;
in all times of joy;
in the hour of death,
and at the day of judgement,

good Lord, deliver us.

By the mystery of your holy incarnation;
by your birth, childhood and obedience;
by your baptism, fasting and temptation,

good Lord, deliver us.

By your ministry in word and work;
by your mighty acts of power;
and by your preaching of the kingdom,

good Lord, deliver us.

By your agony and trial;
by your cross and passion;
and by your precious death and burial,

good Lord, deliver us.

By your mighty resurrection;
by your glorious ascension;
and by your sending of the Holy Spirit,

good Lord, deliver us.

Give us true repentance;
forgive us our sins of negligence and ignorance
and our deliberate sins;
and grant us the grace of your Holy Spirit
to amend our lives according to your holy word.

**Holy God,
holy and strong,
holy and immortal,
have mercy upon us.**

Silence is kept.

Make our hearts clean, O God;

and renew a right spirit within us.

**Father eternal, giver of light and grace,
we have sinned against you and against our neighbour,
in what we have thought,
in what we have said and done,
through ignorance, through weakness,
through our own deliberate fault.
We have wounded your love,
and marred your image in us.
We are sorry and ashamed,
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past;
and lead us out from darkness
to walk as children of light.
Amen.**

The Imposition of Ashes

Dear friends in Christ,
I invite you to receive these ashes
as a sign of the spirit of penitence
with which we shall keep this season of Lent.
God our Father,
you create us from the dust of the earth:
grant that these ashes may be for us
a sign of our penitence

and a symbol of our mortality;
for it is by your grace alone
that we receive eternal life
in Jesus Christ our Saviour.

Amen.

The president and people receive the imposition of ashes, the president first receiving the imposition from another minister. At the imposition the minister says to each person:

Remember that you are dust, and to dust you shall return.
Turn away from sin and be faithful to Christ.

At the end the president says.

The Lord enrich you with his grace,
and nourish you with his blessing;
the Lord defend you in trouble and keep you from all evil;
the Lord accept your prayers,
and absolve you from your offences,
for the sake of Jesus Christ, our Saviour.

Amen.

The Liturgy of the Sacrament

Please stand with the president.

The Peace

Since we are justified by faith,

we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

Romans 5.1,2

The peace of the Lord be always with you
and also with you.

Preparation of the Table

The table is prepared and bread and wine are placed upon it.

A hymn is sung.

**Jesu, lover of my soul,
Let me to thy bosom fly,
While the nearer waters roll,
While the tempest still is high:
Hide me, O my Saviour, hide,
Till the storm of life is past;
Safe into the haven guide,
O receive my soul at last.**

**Other refuge have I none,
Hangs my helpless soul on thee;
Leave, ah, leave me not alone,
Still support and comfort me.
All my trust on thee is stayed,
All my help from thee I bring;
Cover my defenceless head
With the shadow of thy wing.**

**Plenteous grace with thee is found,
Grace to cover all my sin;
Let the healing streams abound,
Make and keep me pure within.
Thou of life the fountain art,
Freely let me take of thee,
Spring thou up within my heart,
Rise to all eternity.**

Words: C. Wesley (1707-1788)

Music: J. Parry (1841-1903)

Hymn Tune: ABERYSTWYTH

Taking of the Bread and Wine

Merciful Father,
turn us from sin to faithfulness
and from disobedience to love,
and prepare us to celebrate

the death and resurrection of Christ our Saviour
who is alive and reigns, now and for ever.

Amen.

The Eucharistic Prayer (B)

Please kneel or sit.

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.

Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
In the same way, after supper
he took the cup and gave you thanks;

he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Blessed Mary, and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,

all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

Silence is kept.

The Lord's Prayer

Lord Jesus, remember us in your kingdom
and teach us to pray.

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

Every time we eat this bread
and drink this cup

**we proclaim the Lord's death
until he comes.**

*The **Agnus Dei** is sung as the bread is broken for distribution.*

**Jesus, Lamb of God,
have mercy on us.**

**Jesus, bearer of our sins,
have mercy on us.**

**Jesus, redeemer of the world,
grant us peace.**

Invitation to Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The president and people receive communion. All baptised Christians are welcome to

receive the sacrament. Please follow the guidance offered by the stewards.

If you are not baptised, or would prefer to not receive then do still come forward for a blessing bringing this book with you so the president knows your intention.

The sacrament is available in both kinds, however if you wish to only receive the bread please do so and then return to your place. Receiving in one kind is still considered to be full communion by the Church of England. Please do not dip bread in the wine (sometimes called ‘intincting’).

*To the words “The Body/Blood of Christ” the communicant replies “**Amen**”.*

For those at home it might be helpful to use this prayer during the distribution.

*Mystery of Goodness,
by whose gaze
we are called into being and held in life:
teach us
the secrecy of prayer
which seeks no reward;
the generosity of love
which forgets itself;
the gift of a treasure
uncountable and unconsumed;
through Jesus Christ, the Son of the Wilderness.
Amen.*

Choir Anthem

‘Jesu, grant me this, I pray’

Words: Latin (17th century) translated by H. W. Baker (1821-1877)

Music: O. Gibbons (1583-1625)

A Communion Hymn is sung.

Please remain seated.

**Lord, teach us how to pray aright
With rev'rence and with fear;
Though dust and ashes in thy sight,
We may, we must, draw near.**

**We perish if we cease from prayer;
O grant us pow'r to pray;
And, when to meet thee we prepare,
Lord, meet us by the way.**

**God of all grace, we come to thee
With broken contrite hearts;
Give, what thine eye delights to see,
Truth in the inward parts.**

**Faith in the only sacrifice
That can for sin atone,
To cast our hopes, to fix our eyes,
On Christ, on Christ alone.**

**Patience to watch, and wait, and weep,
Though mercy long delay;
Courage our fainting souls to keep,
And trust in thee alway.**

**Give these, and then thy will be done;
Thus, strengthened with all might,
We, through thy Spirit and thy Son,
Shall pray, and pray aright.**

Words: J. Montgomery (1771-1854) alt.

Music: E. J. Hopkins (1818-1901)

Hymn Tune: SAINT HUGH

The Post Communion Prayer

Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.

Almighty God,
you have given your only Son to be for us
both a sacrifice for sin
and also an example of godly life:
give us grace
that we may always most thankfully receive
these his inestimable gifts,
and also daily endeavour
to follow the blessed steps
of his most holy life;
through Jesus Christ our Lord.

Amen.

**God of our pilgrimage,
you have fed us with the bread of heaven.
Refresh and sustain us
as we go forward on our journey,
in the name of Jesus Christ our Lord.
Amen.**

A hymn is sung.

**Come down, O Love divine,
Seek thou this soul of mine,
And visit it with thine own ardour glowing;
O Comforter, draw near,
Within my heart appear,
And kindle it, thy holy flame bestowing.**

**O let it freely burn,
Till earthly passions turn
To dust and ashes in its heat consuming;
And let thy glorious light
Shine ever on my sight,
And clothe me round, the while my path illuming.**

**Let holy charity
Mine outward vesture be,
And lowliness become mine inner clothing;
True lowliness of heart,
Which takes the humbler part,
And o'er its own shortcomings weeps with loathing.**

**And so the yearning strong,
With which the soul will long,
Shall far outpass the pow'r of human telling;
For none can guess its grace,
Till he become the place
Wherein the Holy Spirit makes his dwelling.**

*Words: Italian, Bianco da Siena (d. 1434)
translated by R. F. Littledale (1833-1890)
Music: R. Vaughan Williams (1872-1958)
Hymn Tune: DOWN AMPNEY*

The Dismissal

Responsory

This is love, not that we loved God,

but that he loved us and sent his Son.

He is the sacrifice for our sins,

that we might live through him.

If God loves us so much

we ought to love one another.

If we love one another

God lives in us.

cf 1 John 4.12

The Blessing

May God the Father,
who does not despise the broken spirit,
give to you a contrite heart.

Amen.

May Christ,
who bore our sins in his body on the tree,
heal you by his wounds.

Amen.

May the Holy Spirit,
who leads us into all truth,
speak to you words of pardon and peace.

Amen.

And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

The Dismissal

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

All my hope on God is founded
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Music © Novello & Co. Ltd

Communion Setting
© Oxford University Press

Music after the Gospel
© Kevin Mayhew Ltd

Music after the Offertory Hymn
© Kevin Mayhew Ltd

Great Amen
© G H Taylor

Lord, teach us how to pray aright
Words of verse 5 © Kevin Mayhew Ltd

Organ music during Holy Communion
© Kevin Mayhew Ltd

Come down, O Love divine
Music © Oxford University Press

Organ voluntary
© G H Taylor

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