



Where all find a welcome and are nurtured in their journey with Christ.

Said Eucharist for the Second Sunday of Lent



'let them deny themselves and take up their cross and follow me.'

Mark 8. 34

The Gathering

Our worship begins at the sound of the bell as the sacred ministers enter, during which the introit hymn is sung.

Be thou my vision, O Lord of my heart,
be all else but naught to me, save that thou art,
be thou my best thought in the day and the night,
both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word
be thou ever with me, and I with thee, Lord,
be thou my great Father, and I thy true son,
be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight,
be thou my whole armour, be thou my true might,
be thou my soul's shelter, be thou my strong tow'r,
O raise thou me heavenward, great Pow'r of my pow'r.

Riches I heed not, nor man's empty praise,
be thou my inheritance now and always,
be thou and thou only the first in my heart,
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,
O grant me its joys after vict'ry is won,
great Heart of my own heart, whatever befall,
still be thou my vision, O Ruler of all.

*Words: Irish (8th century) translated by
Mary Byrne (1880-1931) and Eleanor Hull (1860-1935)*

Music: Irish traditional melody

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you
and also with you.

Words of Welcome

Prayers of Penitence

Compassion and forgiveness belong to the Lord our God,
though we have rebelled against him.

let us then renounce our wilfulness and ask his mercy
by confessing our sins in penitence and faith.

Silence is kept.

Lord, we have not loved you
with our whole heart and mind and strength.

Lord, have mercy.

Lord, have mercy.

We have not loved our neighbours as ourselves,
or seen you and served you
in the least of your children.

Christ, have mercy.

Christ, have mercy.

We have not sought to have the mind of Christ,
and we have grieved your Holy Spirit.

Lord, have mercy.

Lord, have mercy.

The president says

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by his Spirit,
and raise you to new life in Christ our Lord.

Amen.

The Collect

The president introduces a period of silent prayer with the words 'Let us pray'.

Almighty God,
you show to those who are in error the light of your truth,
that they may return to the way of righteousness:
grant to all those who are admitted
into the fellowship of Christ's religion,
that they may reject those things
that are contrary to their profession,
and follow all such things as are agreeable to the same;
through our Lord Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The Liturgy of the Word

A reading from the Book of Genesis.

When Abram was ninety-nine years old, the LORD appeared to Abram, and said to him, 'I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous.' Then Abram fell on his face; and God said to him, 'As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you.'

God said to Abraham, 'As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her.'

Genesis 17: 1 – 7, 15 - 16

This is the word of the Lord.

Thanks be to God.

Gospel Reading

An acclamation is sung to herald the Gospel.

Praise to you, O Christ, King of eternal glory.
The Lord is a great God, O that today you would listen to his voice.
Harden not your hearts.

cf Psalm 95.3,8

Praise to you, O Christ, King of eternal glory.

Hear the Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him.

But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.'

He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it,

and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

Mark 8.31-end

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

Affirmation of Faith

Let us affirm our faith in Jesus Christ the Son of God.

**Though he was divine,
he did not cling to equality with God,
but made himself nothing.
Taking the form of a slave,
he was born in human likeness.
He humbled himself
and was obedient to death,
even the death of the cross.
Therefore God has raised him on high,
and given him the name above every name:
that at the name of Jesus
every knee should bow,
and every voice proclaim that Jesus Christ is Lord,
to the glory of God the Father.
Amen.**

cf Philippians 2.6-11

Prayers of Intercession

The response to the bidding.

Lord, in your mercy.

Hear our prayer.

Then at the end.

Merciful Father,

**Accept these prayers for the sake of your Son,
Our Saviour Jesus Christ.**

Amen.

The Liturgy of the Sacrament

The Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

Romans 5.1,2

The peace of the Lord be always with you
and also with you.

Preparation of the Table

The table is prepared and bread and wine are placed upon it.

A Hymn is sung.

Will you come and follow me
if I but call your name?
Will you go where you don't know,
and never be the same?
will you let my love be shown,
will you let my name be known,
will you let my life be grown
in you, and you in me?

Will you leave yourself behind
if I but call your name?
Will you care for cruel and kind,
and never be the same?
Will you risk the hostile stare
should your life attract or scare,
will you let me answer prayer
in you, and you in me?

Will you love the 'you' you hide
if I but call your name?
Will you quell the fear inside,
and never be the same?
Will you use the faith you've found
to reshape the world around
through my sight and touch and sound
in you, and you in me?

Lord, your summons echoes true
when you but call my name.
Let me turn and follow you,
and never be the same.
In your company I'll go
where your love and footsteps show.
Thus I'll move and live and grow
in you, and you in me.

Words: John Bell (b. 1949) and Graham Maule (1958-2019)

Music: Scottish traditional melody arr. Christopher Tambling (1964- 2015)

Taking of the Bread and Wine

God of wisdom,
may the light of your eternal Word,
our Lord and Saviour Jesus Christ,
lead us in holiness and guide us to glory;
we ask this in his name.

Amen.

The Eucharistic Prayer

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.

He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with Blessed Mary and all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

Silence is kept.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

Look, Jesus Christ, the Bread of Heaven,
is broken for the life of the world.

Invitation to Communion

The gifts of God for the people of God.

**Jesus, Bread of Life
Bread for the world
Feed us with your presence.**

The president and people receive communion. At the giving of communion, the president receives communion in both kinds.

The words of distribution (“The body and blood of Christ, broken/shed for us all”) are spoken to the congregation, and all who intend to receive reply with “Amen”.

At the distribution, Holy Communion is administered without speaking. The consecrated bread is dropped into the hands of communicants. To reduce the risk of spreading any infection, communion will be in one kind (bread) only. This is still considered to be complete communion by the Church of England.

For those at home it might be helpful to use this prayer during the distribution.

***Thanks be to you, Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally,
O most merciful redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day.
Amen.***

after the Prayer of St Richard of Chichester.

The Post Communion Prayer

*The president introduces a time of silent prayer with the words
'Let us pray'.*

Almighty God,
you see that we have no power of ourselves to help ourselves:
keep us both outwardly in our bodies,
and inwardly in our souls;
that we may be defended from all adversities
which happen to the body,
and from all evil thoughts
which may assault and hurt the soul;
through Jesus Christ our Lord.

Amen.

A Hymn is sung.

Praise to the Holiest in the height,
and in the depth be praise;
in all his words most wonderful,
most sure in all his ways.

O loving wisdom of our God!
when all was sin and shame.
A second Adam to the fight,
and to the rescue came.

O wisest love! that flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail.

And that a higher gift than grace
should flesh and blood refine,
God's presence and his very self,
and essence all-divine.

And in the garden secretly,
and on the cross on high,
should teach his brethren, and inspire
to suffer and to die.

Praise to the Holiest in the height,
and in the depth be praise;
in all his words most wonderful,
most sure in all his ways.

Words: John Henry Newman (1801-1890)

Music: John Bacchus Dykes (1823-1876)

The Dismissal

The Blessing

Christ give you grace
to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

The Dismissal

Go in the peace of Christ.

Thanks be to God.

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