



Where all find a welcome and are nurtured in their journey with Christ.

# Sung Eucharist

The fifth Sunday after Trinity



# Welcome to St Mary's



## **Please sanitise your hands**

Please clean your hands using the provided hand sanitiser when entering and leaving the building.



## **Masks welcome**

If you feel more comfortable wearing a face covering, please do so. If you've forgotten a face covering and would like one, please speak to a member of our team.



## **Keeping your distance**

If you want to keep some extra space between yourself and others, we recommend sitting in our physically distanced pews at the north side of the building.



## **Communion is your choice**

Communion is available as both bread and wine, but if you wish to only receive the bread please do so and then return to your seat. Receiving only the bread is still considered to be full communion by the Church of England.



## **Handshakes optional**

When we offer each other a sign of peace you're welcome to share a handshake, but remember that some people may not be comfortable with this and will instead simply nod or wave.

## Follow the instructions of our stewards

Please follow all instructions from our stewards, especially during communion.

## Hearing loop available

Our building is fitted with an inductive loop system which can be picked up by setting hearing aids to the “T” position.

## Support our work

St Mary’s is a charity which receives no funding from the government and is entirely dependent on donations and fees to keep its doors open, continue its work in the community, and maintain its buildings and outdoor spaces.

If you would like to donate to support us you can give during the service as giving plates are passed around.

Alternatively, you can place your offering in the plate by the door as you leave, or tap your contactless card or device.



You can also donate online by card or directly from your bank by scanning this QR Code with your camera or by visiting **[wkrk.uk/donate](http://wkrk.uk/donate)**.

If you'd like to give in some other way, find out more about planned giving, or learn how we use donations then please ask a member of our team.

# Notices and events

## Passing the Peace

The PCC have agreed that we can reintroduce the sharing of the Peace in our service from this week. Traditionally, this has been a handshake shared with those nearest to you. Some will be pleased that we have done this and wondered why it has taken so long, but others will feel differently and both opinions are valid and to be respected.

When the words "Let us offer one another a sign of peace" are heard in the service please be mindful of that difference of opinion. If you can't wait to offer your hands to others please remember that if someone keeps their hands together they are not withholding their peace from you; a smile and words of peace are enough. So for the next few weeks – just as it has been when our other normal practices have been reintroduced – it'll likely feel a bit awkward as we find our way. Let us continue to be patient with one another, recognising and understanding the variety of opinion within our Church family.

## A Walk on the WAG Side

**Wednesday 27 to Saturday 30 July at 7.30 pm**  
**St Mary's Church Whitkirk Community Centre**

Come and join Whitkirk Arts Guild as they celebrate their Platinum Jubilee with a revue of 70 years of songs and scenes.

Find out more and book online at [whitkirkartsguild.com/walk](http://whitkirkartsguild.com/walk), or pick up a booking form in the Community Centre.

# The Gathering

*Our worship begins at the sound of the bell, please stand as the sacred ministers enter, during which the introit hymn is sung.*

**New ev'ry morning is the love  
Our wakening and uprising prove;  
Through sleep and darkness safely brought,  
Restored to life and pow'r and thought.**

**New mercies, each returning day,  
Hover around us while we pray;  
New perils past, new sins forgiv'n,  
New thoughts of God, new hopes of heav'n.**

**If, on our daily course, our mind  
Be set to hallow all we find,  
New treasures still, of countless price,  
God will provide for sacrifice.**

**Old friends, old scenes, will lovelier be,  
As more of heav'n in each we see;  
Some soft'ning gleam of love and prayer  
Shall dawn on ev'ry cross and care.**

**The trivial round, the common task,  
Will furnish all we need to ask,  
Room to deny ourselves, a road  
To bring us daily nearer God.**

**Only, O Lord, in thy dear love  
Fit us for perfect rest above;  
And help us, this and ev'ry day,  
To live more nearly as we pray.**

*Words: J. Keble (1792-1866) based on Lamentations 3.23*

*Music: S. Webbe (1740-1816)*

*Hymn Tune: MELCOMBE*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

## **The Greeting**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

**and also with you.**

# Words of Welcome

## Invitation to Confession

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.  
Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

*Silence is kept.*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**Amen.**

## **Gloria in Excelsis**

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**



**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## **The Collect**

*The president introduces a period of silent prayer with the words 'Let us pray'.*

Almighty and everlasting God,  
by whose Spirit the whole body of the Church  
is governed and sanctified:  
hear our prayer which we offer for all your faithful people,  
that in their vocation and ministry  
they may serve you in holiness and truth  
to the glory of your name;  
through our Lord and Saviour Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

*Please sit.*

# The Liturgy of the Word

A reading from the book of the prophet Amos.

This is what the Lord God showed me: a basket of summer fruit. He said, "Amos, what do you see?" And I said, "A basket of summer fruit." Then the Lord said to me,

"The end has come upon my people Israel;  
I will spare them no longer.

The songs of the temple shall become wailings on that day,"

says the Lord God;

"the dead bodies shall be many,  
cast out in every place. Be silent!"

Hear this, you who trample on the needy,  
and bring to ruin the poor of the land,  
saying, "When will the new moon be over  
so that we may sell grain,  
and the Sabbath,

so that we may offer wheat for sale?

We will make the ephah smaller and the shekel heavier

and practice deceit with false balances,  
buying the poor for silver  
and the needy for a pair of sandals  
and selling the sweepings of the wheat."

The Lord has sworn by the pride of Jacob:  
Surely I will never forget any of their deeds.  
Shall not the land tremble on this account,  
    and everyone mourn who lives in it,  
and all of it rise like the Nile,  
    and be tossed about and sink again, like the  
Nile of Egypt?

On that day, says the Lord God,  
    I will make the sun go down at noon  
    and darken the earth in broad daylight.  
I will turn your feasts into mourning  
    and all your songs into lamentation;  
I will bring sackcloth on all loins  
    and baldness on every head;  
I will make it like the mourning for an only son  
    and the end of it like a bitter day.

The time is surely coming, says the Lord God,  
    when I will send a famine on the land,  
not a famine of bread or a thirst for water,  
    but of hearing the words of the Lord.  
They shall wander from sea to sea  
    and from north to east;  
they shall run to and fro, seeking the word of the  
Lord,  
    but they shall not find it.

*Amos 8.1-12*

This is the word of the Lord.

**Thanks be to God.**

*Please stand as the gradual hymn is sung. During the hymn a procession will make its way to the centre of the nave from where the Gospel for the day is read. To symbolise our desire to turn to Christ in our daily lives, at the end of the hymn we remain standing and turn to face the place where the Gospel is proclaimed.*

**Teach me, my God and King,  
In all things thee to see;  
And what I do in anything  
To do it as for thee.**

**A man that looks on glass,  
On it may stay his eye;  
Or, if he pleaseth, through it pass,  
And then the heav'n espy.**

**All may of thee partake;  
Nothing can be so mean  
Which, with this tincture, 'For thy sake',  
Will not grow bright and clean.**

**A servant with this clause  
Makes drudgery divine;  
Who sweeps a room, as for thy laws,  
Makes that and the action fine.**

**This is the famous stone  
That turneth all to gold;  
For that which God doth touch and own  
Cannot for less be told.**

*Words: G. Herbert (1593-1633)*

*Music: English traditional carol*

*from W. Sandys' 'Christmas Carols' (1833)*

*Hymn Tune: SANDYS*

## **Gospel Reading**

Hear the Gospel of our Lord Jesus Christ according to Luke.

**Glory to you, O Lord.**

Now as Jesus and his disciples went on their way, he entered a certain village where a woman named Martha welcomed him. She had a sister named Mary, who sat at Jesus's feet and listened to what he was saying. But Martha was distracted by her many tasks, so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her, then, to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things, but few things are needed—indeed only

one. Mary has chosen the better part, which will not be taken away from her.”

*Luke 10.38-end*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **Sermon**

*Please sit after the preacher leads us in prayer.*

## **The Nicene Creed**

*Please stand with the president.*

Let us declare our faith in God.

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

## **Prayers of Intercession**

*Following an invitation to pray from the intercessor we kneel or sit to pray.*

*The response to the bidding:*

Lord, in your mercy.

**Hear our prayer.**

*then at the end:*

Merciful Father,

**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.**

**Amen.**

## **The Liturgy of the Sacrament**

*Please stand with the president.*



## The Peace

We are the body of Christ.

In the one Spirit we were all baptised into one body.

Let us then pursue all that makes for peace  
and builds up our common life.

The peace of the Lord be always with you

**and also with you.**

Let us offer one another a sign of peace.

*This could be a handshake, or if you prefer to not shake hands a bow,  
accompanied by the words 'Peace be with you'.*

## Preparation of the Table

*The table is prepared and bread and wine are placed upon it.*

*A hymn is sung. During this hymn a collection, our financial offering in support  
of the work of the church both at St. Mary's and across our diocese, is taken.*

*You can place cash or giving envelopes in the collection plates as  
they are passed around. If you would prefer, or if you miss the  
plate, you can also give by scanning this QR code, or by tapping  
your contactless card or device on the giving plate by the door as  
you leave.*



**Lord, enthroned in heav'nly splendour,  
First begotten from the dead,  
Thou alone, our strong defender,  
Liftest up thy people's head.  
Alleluia, alleluia,  
Jesu, true and living bread.**

**Here our humblest homage pay we,  
Here in loving rev'rence bow;  
Here for faith's discernment pray we,  
Lest we fail to know thee now.  
Alleluia, alleluia,  
Thou art here, we ask not how.**

**Though the lowliest form doth veil thee  
As of old in Bethlehem,  
Here as there thine angels hail thee,  
Branch and Flow'r of Jesse's Stem.  
Alleluia, alleluia,  
We in worship join with them.**

**Paschal Lamb, thine offering, finished  
Once for all when thou wast slain,  
In its fulness undiminished  
Shall for evermore remain.  
Alleluia, alleluia,  
Cleansing souls from ev'ry stain.**

**Life-imparting heav'nly manna,  
Stricken rock with streaming side,  
Heav'n and earth with loud hosanna  
Worship thee, the Lamb who died.  
Alleluia, alleluia,  
Ris'n, ascended, glorified!**

*Words: G. H. Bourne (1840-1925)*

*Music: G. C. Martin (1844-1916)*

*Hymn Tune: SAINT HELEN*

## **Taking of the Bread and Wine**

Be present, be present,  
Lord Jesus Christ,  
our risen high priest;  
make yourself known in the breaking of bread.

**Amen.**

## **The Eucharistic Prayer (G)**

*Please kneel or sit.*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Blessed are you, Lord God,

our light and our salvation;

to you be glory and praise for ever.

From the beginning you have created all things

and all your works echo the silent music of your praise.

In the fullness of time you made us in your image,

the crown of all creation.

You give us breath and speech, that with angels and archangels

and all the powers of heaven

we may find a voice to sing your praise:

**Holy, holy, holy Lord,**

**God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

How wonderful the work of your hands, O Lord.

As a mother tenderly gathers her children,

you embraced a people as your own.

When they turned away and rebelled

your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary,

to be the living bread,

in whom all our hungers are satisfied.

He offered his life for sinners,

and with a love stronger than death

he opened wide his arms on the cross.

On the night before he died,  
he came to supper with his friends  
and, taking bread, he gave you thanks.  
He broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
At the end of supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.  
Great is the mystery of faith:

**Christ has died,  
Christ is risen,  
Christ will come again.**

Father, we plead with confidence  
his sacrifice made once for all upon the cross;  
we remember his dying and rising in glory,  
and we rejoice that he intercedes for us at your right hand.  
Pour out your Holy Spirit as we bring before you  
these gifts of your creation;  
may they be for us the body and blood of your dear Son.  
As we eat and drink these holy things in your presence,  
form us in the likeness of Christ,  
and build us into a living temple to your glory.

Remember, Lord, your Church in every land.  
Reveal her unity, guard her faith,  
and preserve her in peace  
that in communion with Stephen our Archbishop and Nick our  
Bishop we may be faithful to our calling as your people.

Bring us at the last with Blessed Mary,  
Saints Gregory and Macrina, Saint Margaret of Antioch,  
Bridget of Sweden and all your saints  
to the vision of that eternal splendour  
for which you have created us;  
through Jesus Christ, our Lord,  
by whom, with whom, and in whom,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty, in songs of everlasting praise:

**Blessing and honour and glory and power  
be yours for ever and ever.**

**Amen.**

*Silence is kept.*

# **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

# **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

*The **Agnus Dei** is sung as the bread is broken for distribution.*

**Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
grant us peace.**

## **Invitation to Communion**

Draw near with faith.  
Receive the body of our Lord Jesus Christ  
which he gave for you,  
and his blood  
which he shed for you.  
Eat and drink  
in remembrance that he died for you  
and feed on him in your hearts  
by faith with thanksgiving.

*The president and people receive communion. All baptised Christians are welcome to receive the sacrament. Please follow the guidance offered by the stewards.*

*If you are not baptised, or would prefer to not receive then do still come forward for a blessing bringing this book with you so the president knows your intention.*



*The sacrament is available in both kinds, however if you wish to only receive the bread please do so and then return to your place. Receiving in one kind is still considered to be full communion by the Church of England. Please do not dip bread in the wine (sometimes called 'intincting').*

*For those at home it might be helpful to use this prayer during the distribution.*

*God of unnatural wisdom,  
you gave us Jesus our Rabbi  
to question the roles we play,  
the submissions we enforce:  
may your living truth  
free us from the lie of exclusion  
and make us all  
learners and doers of your word;  
through Jesus Christ, teacher and liberator.  
Amen.*

## **Choir Anthem**

### **'God be in my head'**

God be in my head and in my understanding.

God be in mine eyes and in my looking.

God be in my mouth and in my speaking.

God be in mine heart and in my thinking.

God be at my end and in my departing.

*Words: from the Sarum Primer (1514)*

*Music: J. Rutter (b. 1945)*

*One or two communion hymns may be sung during the distribution as time allows. Please remain seated.*

**Lord of all hopefulness,  
Lord of all joy,  
Whose trust, ever child-like,  
No cares could destroy,  
Be there at our waking,  
And give us, we pray,  
Your bliss in our hearts, Lord,  
At the break of the day.**

**Lord of all eagerness,  
Lord of all faith,  
Whose strong hands were skilled  
At the plane and the lathe,  
Be there at our labours,  
And give us, we pray,  
Your strength in our hearts, Lord,  
At the noon of the day.**

**Lord of all kindness,  
Lord of all grace,  
Your hands swift to welcome,  
Your arms to embrace,  
Be there at our homing,  
And give us, we pray,  
Your love in our hearts, Lord,  
At the eve of the day.**

**Lord of all gentleness,  
Lord of all calm,  
Whose voice is contentment,  
Whose presence is balm,  
Be there at our sleeping,  
And give us, we pray,  
Your peace in our hearts, Lord,  
At the end of the day.**

*Words: J. Struther (1901-1953)*

*Music: Irish traditional melody arr. C. Hand (1929-2015)*

*Hymn Tune: SLANE*

**Make me a channel of your peace.  
Where there is hatred, let me bring your love.  
Where there is injury, your pardon, Lord,  
And where there's doubt, true faith in you.**

***O Master, grant that I may never seek  
So much to be consoled as to console,  
To be understood, as to understand,  
To be loved, as to love with all my soul.***

**Make me a channel of your peace.  
Where there's despair in life, let me bring hope.  
Where there is darkness, only light,  
And where there's sadness, ever joy.**

***O Master, grant that I may never seek  
So much to be consoled as to console,  
To be understood, as to understand,  
To be loved, as to love with all my soul.***

**Make me a channel of your peace.  
It is in pardoning that we are pardoned,  
In giving of ourselves that we receive,  
And in dying that we're born to eternal life.**

*Words: S. Temple (1928-1997) based on the Prayer of St Francis  
Music: S. Temple (1928-1997) arr. N. L. Warren (1934-2019)*

## **The Post Communion Prayer**

*Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.*

Grant, O Lord, we beseech you,  
that the course of this world may be so peaceably ordered  
by your governance,  
that your Church may joyfully serve you in all godly quietness;  
through Jesus Christ our Lord.

**Amen.**

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.**

**Amen.**

*A hymn is sung.*

**Praise to the Lord, the Almighty,  
The King of creation;  
O my soul, praise him,  
For he is thy health and salvation:  
All ye who hear,  
Now to his temple draw near,  
Joining in glad adoration.**

**Praise to the Lord, who o'er all things  
So wondrously reigneth,  
Shieldeth thee gently from harm,  
Or when fainting sustaineth:  
Hast thou not seen  
How thy heart's wishes have been  
Granted in what he ordaineth?**

**Praise to the Lord, who doth prosper  
Thy work and defend thee;  
Surely his goodness and mercy  
Shall daily attend thee:  
Ponder anew  
What the Almighty can do,  
If to the end he befriend thee.**

**Praise to the Lord, O let all that  
Is in me adore him!  
All that hath life and breath,  
Come now with praises before him!  
Let the Amen  
Sound from his people again:  
Gladly for ay we adore him.**

*Words: J. Neander (1650-1680)  
translated by C. Winkworth (1827-1878)  
Music: from 'Praxis Pietatis Melica' (1668)  
Hymn Tune: LOBE DEN HERREN*

## **The Dismissal**

### **The Blessing**

Christ, who has nourished us with himself the living bread,  
make you one in praise and love,  
and raise you up at the last day;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

### **The Dismissal**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

## **Our regular services**

Sung Eucharist:           Every Sunday at 10.00 am  
Said Eucharist:           Every Wednesday at 10.00 am  
Choral Evensong:        1<sup>st</sup> Sunday of the month at 6.00 pm

## **Contact us**




If you'd like to talk to us you can call us on **0113 264 5790**, send an email to **hello@whitkirkchurch.org.uk**, or find more details on our website at **whitkirkchurch.org.uk/contact**.

## **Recycle me!**

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