



Where all find a welcome and are nurtured in their journey with Christ.

# Sung Eucharist

Ash Wednesday



'Remember you are dust and to dust shall you return, turn away from sin and be faithful to Christ.'

# Welcome to St Mary's

## **Please sanitise your hands**

Please clean your hands using the provided hand sanitiser when entering and leaving the building.

## **Masks welcome**

If you feel more comfortable wearing a face covering, please do so. If you've forgotten a face covering and would like one, please speak to a member of our team.

## **Keeping your distance**

If you want to keep some extra space between yourself and others, we recommend sitting in our physically distanced pews at the north side of the building.

## **Communion is your choice**

Communion is available as both bread and wine, but if you wish to only receive the bread please do so and then return to your seat. Receiving only the bread is still considered to be full communion by the Church of England.

## **Handshakes optional**

When we offer each other a sign of peace you're welcome to share a handshake, but remember that some people may not be comfortable with this and will instead simply nod or wave.

## Follow the instructions of our stewards

Please follow all instructions from our stewards, especially during communion.

## Hearing loop available

Our building is fitted with an inductive loop system which can be picked up by setting hearing aids to the “T” position.

## Support our work

St Mary’s is a charity which receives no funding from the government and is entirely dependent on donations and fees to keep its doors open, continue its work in the community, and maintain its buildings and outdoor spaces.

If you would like to donate to support us you can give during the service as giving plates are passed around. Alternatively, you can place your offering in the plate by the door as you leave, or tap your contactless card or device.

You can also donate online by card or directly from your bank by scanning this QR Code with your camera or by visiting **wkrk.uk/donate**.



If you'd like to give in some other way, find out more about planned giving, or learn how we use donations then please ask a member of our team.



# The Gathering

*Our worship begins at the sound of the bell, please stand as the sacred ministers enter and the introit hymn is sung.*

**Lead us, heav'nly Father, lead us  
O'er the world's tempestuous sea;  
Guard us, guide us, keep us, feed us,  
For we have no help but thee;  
Yet possessing ev'ry blessing,  
If our God our Father be.**

**Saviour, breathe forgiveness o'er us:  
All our weakness thou dost know;  
Thou didst tread this earth before us,  
Thou didst feel its keenest woe;  
Lone and dreary, faint and weary,  
Through the desert thou didst go.**

**Spirit of our God, descending,  
Fill our hearts with heav'nly joy,  
Love with ev'ry passion blending,  
Pleasure that can never cloy:  
Thus provided, pardoned, guided,  
Nothing can our peace destroy.**

*Words: J. Edmeston (1791-1867)*

*Music: F. Filitz (1804-1876)*

*Hymn Tune: MANNHEIM*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

## **The Greeting**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

**and also with you.**

## **Introduction**

Brothers and sisters in Christ, since early days Christians have observed with great devotion the time of our Lord's passion and resurrection and prepared for this by a season of penitence and fasting.

By carefully keeping these days, Christians take to heart the call to repentance and the assurance of forgiveness proclaimed in the gospel, and so grow in faith and in devotion to our Lord.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy word.

# The Collect

*The president introduces a period of silent prayer with the words 'Let us pray for grace to keep Lent faithfully'.*

Almighty and everlasting God,  
you hate nothing that you have made  
and forgive the sins of all those who are penitent:  
create and make in us new and contrite hearts  
that we, worthily lamenting our sins  
and acknowledging our wretchedness,  
may receive from you, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

# The Liturgy of the Word

*Please sit.*

A reading from the prophecy of Isaiah.

Thus says the Lord: Shout out, do not hold back!  
Lift up your voice like a trumpet! Announce to  
my people their rebellion, to the house of Jacob  
their sins. Yet day after day they seek me and  
delight to know my ways, as if they were a nation

that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. “Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist.

Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call,



and the Lord will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday.

The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

*Isaiah 58.1-12*

This is the word of the Lord.

**Thanks be to God.**

*Please stand as the gradual hymn is sung. During the hymn a procession will make its way to the centre of the nave from where the Gospel for the day is read. To symbolise our desire to turn to Christ in our daily lives, at the end of the hymn we remain standing and turn to face the place where the Gospel is proclaimed.*

**Forty days and forty nights  
Thou wast fasting in the wild;  
Forty days and forty nights  
Tempted, and yet undefiled.**

**Sunbeams scorching all the day;  
Chilly dew-drops nightly shed,  
Prowling beasts about thy way,  
Stones thy pillow, earth thy bed.**

**Shall not we thy sorrows share,  
And from earthly joys abstain,  
Fasting with unceasing prayer,  
Glad with thee to suffer pain?**

**And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before,  
Grant we may not faint nor fail.**

**So shall we have peace divine;  
Holier gladness ours shall be;  
Round us too shall angels shine,  
Such as ministered to thee.**

**Keep, O keep us, Saviour dear,  
Ever constant by thy side,  
That with thee we may appear  
At th'eternal Eastertide.**

*Words: G. H. Smyttan (1822-1870) and F. Pott (1832-1909)*

*Music: melody from 'Nürnbergisches Gesangbuch' (1676)*

*Hymn Tune: AUS DER TIEFE (HEINLEIN)*

## **Gospel Reading**

Praise to you, O Christ, King of eternal glory.  
The Lord is a great God, O that today you would listen to his  
voice. Harden not your hearts.

*cf Psalm 95.3, 8*

**Praise to you, O Christ, King of eternal glory.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

Jesus said to the disciples “Beware of practicing  
your piety before others in order to be seen by  
them, for then you have no reward from your  
Father in heaven.

“So whenever you give alms, do not sound a  
trumpet before you, as the hypocrites do in the  
synagogues and in the streets, so that they may  
be praised by others. Truly I tell you, they have

received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret, and your Father who sees in secret will reward you.

“And whenever you pray, do not be like the hypocrites, for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret, and your Father who sees in secret will reward you.

“And whenever you fast, do not look somber, like the hypocrites, for they mark their faces to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret, and your Father who sees in secret will reward you.

“Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do

not break in and steal. For where your treasure is, there your heart will be also.

*Matthew 6.1-6, 16-21.*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **Sermon**

*Please sit after the preacher leads us in prayer.*

## **The Liturgy of Penitence**

### **Self-examination and Confession**

Let us now call to mind our sin and the infinite mercy of God.

God the Father,

**have mercy upon us.**

God the Son,

**have mercy upon us.**

God the Holy Spirit,

**have mercy upon us.**

Holy, blessed and glorious Trinity,

**have mercy upon us.**

From all evil and mischief;  
from pride, vanity, and hypocrisy;  
from envy, hatred, and malice;  
and from all evil intent,

**good Lord, deliver us.**

From sloth, worldliness and love of money;  
from hardness of heart  
and contempt for your word and your laws,

**good Lord, deliver us.**

From sins of body and mind;  
from the deceits of the world, the flesh and the devil,

**good Lord, deliver us.**

In all times of sorrow;  
in all times of joy;  
in the hour of death,  
and at the day of judgement,

**good Lord, deliver us.**

By the mystery of your holy incarnation;  
by your birth, childhood and obedience;  
by your baptism, fasting and temptation,

**good Lord, deliver us.**

By your ministry in word and work;  
by your mighty acts of power;  
and by your preaching of the kingdom,

**good Lord, deliver us.**

By your agony and trial;  
by your cross and passion;  
and by your precious death and burial,

**good Lord, deliver us.**

By your mighty resurrection;  
by your glorious ascension;  
and by your sending of the Holy Spirit,

**good Lord, deliver us.**

Give us true repentance;  
forgive us our sins of negligence and ignorance  
and our deliberate sins;  
and grant us the grace of your Holy Spirit  
to amend our lives according to your holy word.

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

*Silence is kept.*

Make our hearts clean, O God;  
**and renew a right spirit within us.**

**Father eternal, giver of light and grace,  
we have sinned against you and against our neighbour,  
in what we have thought,  
in what we have said and done,  
through ignorance, through weakness,  
through our own deliberate fault.  
We have wounded your love,  
and marred your image in us.  
We are sorry and ashamed,  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past;  
and lead us out from darkness  
to walk as children of light.  
Amen.**

## **The Imposition of Ashes**

Dear friends in Christ,  
I invite you to receive these ashes  
as a sign of the spirit of penitence  
with which we shall keep this season of Lent.



God our Father,  
you create us from the dust of the earth:  
grant that these ashes may be for us  
a sign of our penitence  
and a symbol of our mortality;  
for it is by your grace alone  
that we receive eternal life  
in Jesus Christ our Saviour.

**Amen.**

*The president and people receive the imposition of ashes, the president first receiving the imposition from another minister. At the imposition the minister says to each person:*

Remember that you are dust, and to dust you shall return.  
Turn away from sin and be faithful to Christ.

*At the end the president says.*

The Lord enrich you with his grace,  
and nourish you with his blessing;  
the Lord defend you in trouble and keep you from all evil;  
the Lord accept your prayers,  
and absolve you from your offences,  
for the sake of Jesus Christ, our Saviour.

**Amen.**

# The Liturgy of the Sacrament

*Please stand with the president.*

## The Peace

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
who has given us access to his grace.

*Romans 5.1,2*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

*This is usually a handshake shared with those near you.*

## Preparation of the Table

*The table is prepared and bread and wine are placed upon it.*

*A hymn is sung. During this hymn a collection, our financial offering in support of the work of the church both at St. Mary's and across our diocese, is taken.*

*You can place cash or giving envelopes in the collection plates as they are passed around. If you would prefer, or if you miss the plate, you can also give by scanning this QR code, or by tapping your contactless card or device on the giving plate by the door as you leave.*



**My God, how wonderful thou art,  
Thy majesty how bright,  
How beautiful thy mercy seat,  
In depths of burning light!**

**How dread are thine eternal years,  
O everlasting Lord,  
By prostrate spirits day and night  
Incessantly adored!**

**How wonderful, how beautiful,  
The sight of thee must be,  
Thine endless wisdom, boundless pow'r,  
And awesome purity!**

**O how I fear thee, living God,  
With deepest, tend'rest fears,  
And worship thee with trembling hope,  
And penitential tears!**

**Yet I may love thee too, O Lord,  
Almighty as thou art,  
For thou hast stooped to ask of me  
The love of my poor heart.**

**No earthly father loves like thee,  
No mother, e'er so mild,  
Bears and forbears as thou hast done  
With me thy sinful child.**

**Father of Jesus, love's reward,  
What rapture will it be,  
Prostrate before thy throne to lie,  
And gaze and gaze on thee!**

*Words: F. W. Faber (1814-1863)*

*Music: J. Turle (1802-1882)*

*Hymn Tune: WESTMINSTER*

## **Taking of the Bread and Wine**

Merciful Father,  
turn us from sin to faithfulness  
and from disobedience to love,  
and prepare us to celebrate  
the death and resurrection of Christ our Saviour  
who is alive and reigns, now and for ever.

**Amen.**

## **The Eucharistic Prayer (B)**

*Please kneel or sit.*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.  
As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and singing:

**Holy, holy, holy Lord,  
God of power and might.  
Heav'n and earth are full of your glory.  
Hosanna in the highest.  
Blessèd is he, O blessèd is he  
who comes in the name of the Lord.  
Hosanna in the highest, hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.  
Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.** *(Sung)*

*Silence is kept.*

## **The Lord's Prayer**

Lord Jesus, remember us in your kingdom  
and teach us to pray.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

Every time we eat this bread  
and drink this cup

**we proclaim the Lord's death  
until he comes.**



*The **Agnus Dei** is sung as the bread is broken for distribution.*

**Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
grant us peace.**

## **Invitation to Communion**

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*The president and people receive communion. All baptised Christians are welcome to receive the sacrament. Please follow the guidance offered by the stewards.*

*If you are not baptised, or would prefer to not receive then do still come forward for a blessing bringing this book with you so the president knows your intention.*

*The sacrament is available in both kinds, however if you wish to only receive the bread please do so and then return to your place. Receiving in one kind is still considered to be full communion by the Church of England. Please do not dip bread in the wine (sometimes called 'intincting').*

*To the words "The Body/Blood of Christ" the communicant replies "**Amen**".*

*For those at home it might be helpful to use this prayer during the distribution.*

**Mystery of Goodness,  
by whose gaze  
we are called into being and held in life:  
teach us  
the secrecy of prayer  
which seeks no reward;  
the generosity of love  
which forgets itself;  
the gift of a treasure  
uncountable and unconsumed;  
through Jesus Christ, the Son of the Wilderness.  
Amen.**

## **Choir Anthem**

**'Jesu, grant me this, I pray'**

Jesu, grant me this, I pray,  
Ever in thy heart to stay;  
Let me evermore abide  
Hidden in thy wounded side.

If the evil one prepare,  
Or the world, a tempting snare,  
I am safe when I abide  
In thy heart and wounded side.

If the flesh, more dangerous still,  
Tempt my soul to deeds of ill,  
Naught I fear when I abide  
In thy heart and wounded side.

Death will come one day to me;  
Jesus, cast me not from thee:  
Dying let me still abide  
In thy heart and wounded side.

*Words: Latin (17<sup>th</sup> century) translated by H. W. Baker (1821-1877)*

*Music: O. Gibbons (1583-1625)*

## **The Post Communion Prayer**

*Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.*

Almighty God,  
you have given your only Son to be for us  
both a sacrifice for sin  
and also an example of godly life:  
give us grace  
that we may always most thankfully receive  
these his inestimable gifts,  
and also daily endeavour  
to follow the blessed steps  
of his most holy life;  
through Jesus Christ our Lord.

**Amen.**

**God of our pilgrimage,  
you have fed us with the bread of heaven.  
Refresh and sustain us  
as we go forward on our journey,  
in the name of Jesus Christ our Lord.  
Amen.**

*A Hymn is sung.*

**Come down, O Love divine,  
Seek thou this soul of mine,  
And visit it with thine own ardour glowing;  
O Comforter, draw near,  
Within my heart appear,  
And kindle it, thy holy flame bestowing.**

**O let it freely burn,  
Till earthly passions turn  
To dust and ashes in its heat consuming;  
And let thy glorious light  
Shine ever on my sight,  
And clothe me round, the while my path illuming.**

**Let holy charity  
Mine outward vesture be,  
And lowliness become mine inner clothing;  
True lowliness of heart,  
Which takes the humbler part,  
And o'er its own shortcomings weeps with loathing.**

**And so the yearning strong,  
With which the soul will long,  
Shall far outpass the pow'r of human telling;  
For none can guess its grace,  
Till he become the place  
Wherein the Holy Spirit makes his dwelling.**

*Words: Italian, Bianco da Siena (d. 1434)  
translated by R. F. Littledale (1833-1890)  
Music: R. Vaughan Williams (1872-1958)  
Hymn Tune: DOWN AMPNEY*

## **The Dismissal**

### **Responsory**

This is love, not that we loved God,  
**but that he loved us and sent his Son.**

He is the sacrifice for our sins,  
**that we might live through him.**

If God loves us so much  
**we ought to love one another.**

If we love one another  
**God lives in us.**

*cf 1 John 4.12*

## **The Blessing**

May God the Father,  
who does not despise the broken spirit,  
give to you a contrite heart.

**Amen.**

May Christ,  
who bore our sins in his body on the tree,  
heal you by his wounds.

**Amen.**

May the Holy Spirit,  
who leads us into all truth,  
speak to you words of pardon and peace.

**Amen.**

And the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

## **The Dismissal**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

## Our regular services

Sung Eucharist: Every Sunday at 10.00 am  
Said Eucharist: Every Wednesday at 10.00 am  
Choral Evensong: First Sunday of the month at 6.00 pm  
Compline: Next on Thursday 2 March at 8.40 pm




## Contact us

If you'd like to talk to us you can call us on **0113 264 5790**, send an email to **hello@whitkirkchurch.org.uk**, or find more details on our website at **whitkirkchurch.org.uk/contact**.

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