



Where all find a welcome and are nurtured in their journey with Christ.

# Sung Eucharist

The first Sunday of Lent



'Then Jesus was led up by the Spirit into the wilderness to be tested by the devil.'

*Matthew 4.1*

# Welcome to St Mary's



## **Please sanitise your hands**

Please clean your hands using the provided hand sanitiser when entering and leaving the building.



## **Masks welcome**

If you feel more comfortable wearing a face covering, please do so. If you've forgotten a face covering and would like one, please speak to a member of our team.



## **Keeping your distance**

If you want to keep some extra space between yourself and others, we recommend sitting in our physically distanced pews at the north side of the building.



## **Communion is your choice**

Communion is available as both bread and wine, but if you wish to only receive the bread please do so and then return to your seat. Receiving only the bread is still considered to be full communion by the Church of England.



## **Handshakes optional**

When we offer each other a sign of peace you're welcome to share a handshake, but remember that some people may not be comfortable with this and will instead simply nod or wave.

## Follow the instructions of our stewards

Please follow all instructions from our stewards, especially during communion.

## Hearing loop available

Our building is fitted with an inductive loop system which can be picked up by setting hearing aids to the “T” position.

## Support our work

St Mary’s is a charity which receives no funding from the government and is entirely dependent on donations and fees to keep its doors open, continue its work in the community, and maintain its buildings and outdoor spaces.

If you would like to donate to support us you can give during the service as giving plates are passed around. Alternatively, you can place your offering in the plate by the door as you leave, or tap your contactless card or device.

You can also donate online by card or directly from your bank by scanning this QR Code with your camera or by visiting [wkrk.uk/donate](https://wkrk.uk/donate).



If you'd like to give in some other way, find out more about planned giving, or learn how we use donations then please ask a member of our team.

## **Other services this week**

### **Said Eucharist**

Wednesday 1 March at 10.00 am

### **Compline by Candlelight**

Thursday 2 March at 8.40 pm

## **Notices and events**

### **Lent Course 2023: Sound and Sight**

**This Thursday 2 March 2023 at 7.30 pm**

**St Mary's Church, Whitkirk**

Come and join us as we listen and look at carefully chosen pieces of music and images inspired by Lent, Holy Week and Easter to accompany us on our journey through the season.

Each session will be co-led by our Director of Music who will introduce two pieces of music. Then another member of our Church family will introduce and share two images. After every piece or image there will be time to reflect and, if you wish, to share insights based on what you have heard and seen.

### **Thank God It's Friday**

**This Friday 3 March 2023 at 6.00 pm**

**St Mary's Church Whitkirk Community Centre**

Unwind at the end of the week with us – drop in to grab a drink, play some games, order a takeaway, or even just to chat.

## **Join us after the service for refreshments**

You are warmly invited to join us after the service for refreshments in our Community Centre.



# The Gathering

*Our worship begins at the sound of the bell, please stand as the sacred ministers enter and the introit hymn is sung.*

**Lead us, heav'nly Father, lead us  
O'er the world's tempestuous sea;  
Guard us, guide us, keep us, feed us,  
For we have no help but thee;  
Yet possessing ev'ry blessing,  
If our God our Father be.**

**Saviour, breathe forgiveness o'er us:  
All our weakness thou dost know;  
Thou didst tread this earth before us,  
Thou didst feel its keenest woe;  
Lone and dreary, faint and weary,  
Through the desert thou didst go.**

**Spirit of our God, descending,  
Fill our hearts with heav'nly joy,  
Love with ev'ry passion blending,  
Pleasure that can never cloy:  
Thus provided, pardoned, guided,  
Nothing can our peace destroy.**

*Words: James Edmeston (1791-1867)*

*Music: Friedrich Filitz (1804-1876)*

*Hymn Tune: MANNHEIM*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

## **The Greeting**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

**and also with you.**

## **Words of Welcome**

### **Prayers of Penitence**

Jesus, full of the Holy Spirit, returned from the Jordan  
and was led by the Spirit into the wilderness,  
where for forty days he was tempted by the devil.  
Let us confess our sins remembering before God  
the times when we have fallen from temptation into sin.

*Silence is kept.*

We confess to you our selfishness and lack of love:  
fill us with your Spirit.

Lord, have mercy.

**Lord, have mercy.**

We confess to you our fear and failure in sharing our faith:  
fill us with your Spirit.

Christ, have mercy.

**Christ, have mercy.**

We confess to you our stubbornness and lack of trust:  
fill us with your Spirit.

Lord, have mercy.

**Lord, have mercy.**

*A setting of the 'Kyrie eleison' is sung.*

**Lord have mercy,**

**Lord have mercy.**

**Christ have mercy,**

**Christ have mercy.**

**Lord have mercy,**

**Lord have mercy.**

*Music: James MacMillan (b. 1959)*

*The president says:*

May the God of love and power  
forgive you and free you from your sins,  
heal and strengthen you by his Spirit,  
and raise you to new life in Christ our Lord.

**Amen.**

## **The Collect**

*The president introduces a period of silent prayer with the words 'Let us pray'.*

Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit, one God,  
now and for ever.

**Amen.**

# The Liturgy of the Word

*Please sit.*

A reading from the letter of Paul to the Romans.

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—for sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death reigned from Adam to Moses, even over those who did not sin in the likeness of Adam, who is a pattern of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the gift in the grace of the one man, Jesus Christ, abounded for the many. And the gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the gift following many trespasses brings justification. If, because of the one man's trespass, death reigned through that one, much more surely will those who receive the abundance of grace and the gift of righteousness reign in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as through the one man's disobedience the many were made sinners, so through the one man's obedience the many will be made righteous.

*Romans 5.12-19*

This is the word of the Lord.

**Thanks be to God.**

*Please stand as the gradual hymn is sung, at the end of the hymn we remain standing and turn to face the place where the Gospel is proclaimed.*

**Lord Jesus, think on me,  
And purge away my sin;  
From earth-born passions set me free,  
And make me pure within.**

**Lord Jesus, think on me  
Amid the battle's strife,  
In all my pain and misery  
Be thou my health and life.**

**Lord Jesus, think on me,  
Nor let me go astray;  
Through darkness and perplexity  
Point thou the heav'nly way.**

**Lord Jesus, think on me,  
That, when the flood is past,  
I may th'eternal brightness see,  
And share thy joy at last.**

*Words: Bishop Synesius (375-430)*

*translated Allen William Chatfield (1808-1896)*

*Music: from 'The Psalms in English Metre' (1579)*

*adapted by William Damon (1540-1591)*

*Hymn Tune: SOUTHWELL (DAMON)*

## **Gospel Reading**

Praise to you, O Christ, King of eternal glory.  
The Lord is a great God,  
O that today you would listen to his voice.  
Harden not your hearts.

*cf Psalm 95.3,8*

**Praise to you, O Christ, King of eternal glory.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

Then Jesus was led up by the Spirit into the wilderness to be tested by the devil. He fasted forty days and forty nights, and afterward he was famished. The tempter came and said to him, "If you are the Son of God, command these stones

to become loaves of bread.” But he answered, “It is written,

‘One does not live by bread alone, but by every word that comes from the mouth of God.’”

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down, for it is written,

‘He will command his angels concerning you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’”

Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory, and he said to him, “All these I will give you, if you will fall down and worship me.” Then Jesus said to him, “Away with you, Satan! for it is written,

‘Worship the Lord your God, and serve only him.’”

Then the devil left him, and suddenly angels came and waited on him.

*Matthew 4.1-11*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **Sermon**

*Please sit after the preacher leads us in prayer.*

*The themes for our sermon series during Lent are based on the invitation to an observance of a Holy Lent which introduced the liturgy on Ash Wednesday. They are self-examination and repentance, prayer, fasting and self-denial, and reading and meditating on God's Holy Word. This week the theme is prayer.*

# Affirmation of Faith

*Please stand with the president.*

Let us affirm our faith in Jesus Christ the Son of God.

**Though he was divine,  
he did not cling to equality with God,  
but made himself nothing.  
Taking the form of a slave,  
he was born in human likeness.  
He humbled himself  
and was obedient to death,  
even the death of the cross.  
Therefore God has raised him on high,  
and given him the name above every name:  
that at the name of Jesus  
every knee should bow,  
and every voice proclaim that Jesus Christ is Lord,  
to the glory of God the Father.  
Amen.**

*cf Philippians 2.6-11*

# Prayers of Intercession

*Following an invitation to pray from the intercessor we kneel or sit to pray.*

*The response to the bidding.*

Lord, in your mercy.

**Hear our prayer.**

*Then at the end.*

Merciful Father,

**Accept these prayers for the sake of your Son,**

**Our Saviour Jesus Christ.**

**Amen.**

# The Liturgy of the Sacrament

*Please stand with the president.*

## The Peace

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
who has given us access to his grace.

*Romans 5.1,2*

The peace of the Lord be always with you

**and also with you.**

Let us offer one another a sign of peace.

*This is usually a handshake shared with those near you.*

## **Preparation of the Table**

*The table is prepared and bread and wine are placed upon it.*

*A hymn is sung. During this hymn a collection, our financial offering in support of the work of the church both at St. Mary's and across our diocese, is taken.*

*You can place cash or giving envelopes in the collection plates as they are passed around. If you would prefer, or if you miss the plate, you can also give by scanning this QR code, or by tapping your contactless card or device on the giving plate by the door as you leave.*



**Dear Lord and Father of mankind,  
Forgive our foolish ways!  
Re-clothe us in our rightful mind,  
In purer lives thy service find,  
In deeper rev'rence praise,  
In deeper rev'rence praise.**

**In simple trust like theirs who heard,  
Beside the Syrian sea,  
The gracious calling of the Lord,  
Let us, like them, without a word  
Rise up and follow thee,  
Rise up and follow thee.**

**O Sabbath rest by Galilee!  
O calm of hills above,  
Where Jesus knelt to share with thee  
The silence of eternity,  
Interpreted by love,  
Interpreted by love!**

**Drop thy still dews of quietness,  
Till all our strivings cease;  
Take from our souls the strain and stress,  
And let our ordered lives confess  
The beauty of thy peace,  
The beauty of thy peace.**

**Breathe through the heats of our desire  
Thy coolness and thy balm;  
Let sense be dumb, let flesh retire;  
Speak through the earthquake, wind, and fire,  
O still small voice of calm,  
O still small voice of calm!**

*Words: John Greenleaf Whittier (1807-1892)  
Music: Charles Hubert Hastings Parry (1848-1918)  
Hymn Tune: REPTON*

## **Taking of the Bread and Wine**

God of our journey,  
as we walk with you on your path of obedience,  
sustain us on our way and lead us to your glory;  
through Jesus Christ our Lord.

**Amen.**

# The Eucharistic Prayer (A)

*Please kneel or sit.*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and singing:

**Holy, holy, holy Lord,  
God of power and might.  
Heav'n and earth are full of your glory.  
Hosanna in the highest.  
Blessèd is he, O blessèd is he  
who comes in the name of the Lord.  
Hosanna in the highest, hosanna in the highest.**

*Music: James MacMillan (b. 1959)*

Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ,  
and as we follow his example and obey his command,  
grant that by the power of your Holy Spirit  
these gifts of bread and wine  
may be to us his body and his blood;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Therefore, heavenly Father,  
we remember his offering of himself  
made once for all upon the cross;  
we proclaim his mighty resurrection and glorious ascension;  
we look for the coming of your kingdom,  
and with this bread and this cup  
we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

Accept through him, our great high priest,  
this our sacrifice of thanks and praise,  
and as we eat and drink these holy gifts  
in the presence of your divine majesty,  
renew us by your Spirit,  
inspire us with your love  
and unite us in the body of your Son,  
Jesus Christ our Lord.

Through him, and with him, and in him,  
in the unity of the Holy Spirit,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty,  
in songs of everlasting praise:

**Blessing and honour and glory and power  
be yours for ever and ever.**

**Amen.**

*Silence is kept.*

## **The Lord's Prayer**

Lord Jesus, remember us in your kingdom  
and teach us to pray.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

Every time we eat this bread  
and drink this cup

**we proclaim the Lord's death  
until he comes.**

*The **Agnus Dei** is sung as the bread is broken for distribution.*

**Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
grant us peace.**

*Music: James MacMillan (b. 1959)*

## **Invitation to Communion**

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*The president and people receive communion. All baptised Christians are welcome to receive the sacrament. Please follow the guidance offered by the stewards.*

*If you are not baptised, or would prefer to not receive then do still come forward for a blessing bringing this book with you so the president knows your intention.*

*The sacrament is available in both kinds, however if you wish to only receive the bread please do so and then return to your place. Receiving in one kind is still considered to be full communion by the Church of England. Please do not dip bread in the wine (sometimes called 'intincting').*

*To the words "The Body/Blood of Christ" the communicant replies "**Amen**".*

*For those at home it might be helpful to use this prayer during the distribution.*

**Spirit of the desert,  
you drove Jesus  
to the edge of the world  
to find his truth and calling:  
scour our hearts  
and awaken our hunger  
that freed from empty clinging  
we might find ourselves in you;  
through Jesus Christ, the Lord of the wilds.  
Amen.**

# Choir Anthem

## 'O holy Jesu'

O bone Jesu, miserere nobis,  
Quia tu creasti nos, tu redemisti nos  
Sanguine tuo praetiosissimo.

*Words & Music: attributed to Giovanni Pierluigi da Palestrina (c.1525-1594)  
Edited and translated by Bernarr Joseph George Rainbow (1914-1998)*

*English Translation:*

*O holy Jesu, pardon our offences,  
For that thou hast made us thine and hast redeemed us,  
Hast redeemed us by thy most precious blood.*

*The following communion hymns may be sung during the distribution as time allows. Please remain seated.*

**Lord, teach us how to pray aright  
With rev'rence and with fear;  
Though dust and ashes in thy sight,  
We may, we must, draw near.**

**We perish if we cease from prayer;  
O grant us pow'r to pray;  
And, when to meet thee we prepare,  
Lord, meet us by the way.**

**God of all grace, we come to thee  
With broken contrite hearts;  
Give, what thine eye delights to see,  
Truth in the inward parts.**

**Faith in the only sacrifice  
That can for sin atone,  
To cast our hopes, to fix our eyes,  
On Christ, on Christ alone.**

**Patience to watch, and wait, and weep,  
Though mercy long delay;  
Courage our fainting souls to keep,  
And trust in thee always.**

**Give these, and then thy will be done;  
Thus, strengthened with all might,  
We, through thy Spirit and thy Son,  
Shall pray, and pray aright.**

*Words: James Montgomery (1771-1854) alt.*

*Music: Edward John Hopkins (1818-1901)*

*Hymn Tune: SAINT HUGH*

**O Lord, help us pray,  
O Lord, help us pray,  
May our hearts seek your way.  
O Lord, help us pray,  
O Lord, help us pray,  
Draw us deeper in love.**

*Words: Matthew Peat*

*Music: Jacques Berthier (1923-1994)*

**Sweet sacrament divine,  
Hid in thine earthly home,  
Lo, round thy lowly shrine,  
With suppliant hearts we come;  
Jesu, to thee our voice we raise  
In songs of love and heartfelt praise:  
Sweet sacrament divine,  
Sweet sacrament divine.**

**Sweet sacrament of rest,  
Ark from the ocean's roar,  
Within thy shelter blest  
Soon may we reach the shore;  
Save us, for still the tempest raves,  
Save, lest we sink beneath the waves:  
Sweet sacrament of rest,  
Sweet sacrament of rest.**

**Sweet sacrament divine,  
Earth's light and jubilee,  
In thy far depths doth shine  
Thy Godhead's majesty;  
Sweet light, so shine on us, we pray,  
That earthly joys may fade away:  
Sweet sacrament divine,  
Sweet sacrament divine.**

*Words & Music: Francis Stanfield (1835-1914)  
Hymn Tune: DIVINE MYSTERIES*

## **The Post Communion Prayer**

*Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.*

Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and prayer  
that we may witness to your saving love  
in Jesus Christ our Lord.

**Amen.**

**God of our pilgrimage,  
you have fed us with the bread of heaven.  
Refresh and sustain us  
as we go forward on our journey,  
in the name of Jesus Christ our Lord.  
Amen.**

*A hymn is sung.*

**Praise to the Holiest in the height,  
And in the depth be praise,  
In all his words most wonderful,  
Most sure in all his ways.**

**O loving wisdom of our God!  
When all was sin and shame,  
A second Adam to the fight  
And to the rescue came.**

**O generous love! that he who smote  
In Man for man the foe,  
The double agony in Man  
For man should undergo.**

**And in the garden secretly,  
And on the cross on high,  
Should teach his brethren, and inspire  
To suffer and to die.**

**Praise to the Holiest in the height,  
And in the depth be praise,  
In all his words most wonderful,  
Most sure in all his ways.**

*Words: John Henry Newman (1801-1890)*

*Music: John Bacchus Dykes (1823-1876)*

*Hymn Tune: GERONTIUS*

## **The Dismissal**

### **The Blessing**

God,  
who from the death of sin raised you to new life in Christ,  
keep you from falling and set you in the presence of his glory;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

## **The Dismissal**

Go in the peace of Christ.

**Thanks be to God.**

## Our regular services

Sung Eucharist:	Every Sunday at 10.00 am
Said Eucharist:	Every Wednesday at 10.00 am
Choral Evensong:	First Sunday of the month at 6.00 pm
Compline:	Next on Thursday 2 March at 8.40 pm

## Contact us

If you'd like to talk to us you can call us on **0113 264 5790**, send an email to **hello@whitkirkchurch.org.uk**, or find more details on our website at **whitkirkchurch.org.uk/contact**.

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