



Where all find a welcome and are nurtured in their journey with Christ.

# Sung Eucharist

The second Sunday of Lent



‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.’

*John 3.16*

# Welcome to St Mary's



## **Please sanitise your hands**

Please clean your hands using the provided hand sanitiser when entering and leaving the building.



## **Masks welcome**

If you feel more comfortable wearing a face covering, please do so. If you've forgotten a face covering and would like one, please speak to a member of our team.



## **Keeping your distance**

If you want to keep some extra space between yourself and others, we recommend sitting in our physically distanced pews at the north side of the building.



## **Communion is your choice**

Communion is available as both bread and wine, but if you wish to only receive the bread please do so and then return to your seat. Receiving only the bread is still considered to be full communion by the Church of England.



## **Handshakes optional**

When we offer each other a sign of peace you're welcome to share a handshake, but remember that some people may not be comfortable with this and will instead simply nod or wave.

## Follow the instructions of our stewards

Please follow all instructions from our stewards, especially during communion.

## Hearing loop available

Our building is fitted with an inductive loop system which can be picked up by setting hearing aids to the “T” position.

## Support our work

St Mary’s is a charity which receives no funding from the government and is entirely dependent on donations and fees to keep its doors open, continue its work in the community, and maintain its buildings and outdoor spaces.

If you would like to donate to support us you can give during the service as giving plates are passed around. Alternatively, you can place your offering in the plate by the door as you leave, or tap your contactless card or device.

You can also donate online by card or directly from your bank by scanning this QR Code with your camera or by visiting [wkrk.uk/donate](https://wkrk.uk/donate).



If you'd like to give in some other way, find out more about planned giving, or learn how we use donations then please ask a member of our team.

# Music

During this season of Lent the Kyrie, Sanctus, Benedictus and Agnus Dei are sung to a music setting written by the Scottish composer Sir James Macmillan (b. 1959).

## Other services this week

### Choral Evensong

Today at 6.00 pm

### Compline by Candlelight

Tuesday 7 March at 8.40 pm

### Said Eucharist

Wednesday 8 March at 10.00 am

## Notices and events

### Confirmation

The Bishop of Kirkstall is coming to lead a confirmation service for adults on the evening of Ascension Day, Thursday 18th May. If you're interested in confirmation or want to know what's involved please visit [wkrk.uk/conf](http://wkrk.uk/conf) or have a chat with Matthew who will let you know what's involved.

## **Lent Course 2023: Sound and Sight**

**This Tuesday 7 March 2023 at 7.30 pm**

**St Mary's Church, Whitkirk**

Come and join us as we listen and look at carefully chosen pieces of music and images inspired by Lent, Holy Week and Easter to accompany us on our journey through the season.

Each session will be co-led by our Director of Music who will introduce two pieces of music. Then another member of our Church family will introduce and share two images. After every piece or image there will be time to reflect and, if you wish, to share insights based on what you have heard and seen.

## **2nd Halton Guides Coffee Morning**

**This Saturday 11 March 2023 at 10.00 am**

**St Mary's Church Whitkirk Community Centre**

Come along for a cuppa and a slice of cake as the 2nd Halton Guides return with their fabulous Coffee Morning. While you're there why not have a spin on the tombola or try to name the cuddly toy as you help raise funds for Church?

## **Messy Church**

**Next Sunday 12 March 2023 at 4.00 pm**

**St Mary's Church Whitkirk Community Centre**

Church, but more hands-on. Join us in the Community Centre for drinks and a biscuit, get stuck in with activities around the week's theme, and then end with a short, informal act of worship in the church.

# **Sung Eucharist for Mothering Sunday**

**Sunday 19 March 2023 at 10.00 am**

**St Mary's Church, Whitkirk**

Join us for this service of sung eucharist as we celebrate Mothering Sunday.

## **Join us after the service for refreshments**

You are warmly invited to join us after the service for refreshments in our Community Centre.

# The Gathering

*Our worship begins at the sound of the bell, please stand as the sacred ministers enter and the introit hymn is sung.*

**God is love: let heav'n adore him;  
God is love: let earth rejoice;  
Let creation sing before him,  
And exalt him with one voice.  
He who laid the earth's foundation,  
He who spread the heav'ns above,  
He who breathes through all creation,  
He is love, eternal Love.**

**God is love: and he enfoldeth  
All the world in one embrace;  
With unfailing grasp he holdeth  
Ev'ry child of ev'ry race.  
And when human hearts are breaking  
Under sorrow's iron rod,  
Then they find that self-same aching  
Deep within the heart of God.**

**God is love: and though with blindness  
Sin afflicts the human soul,  
God's eternal loving-kindness  
Guides and heals and makes us whole.  
Sin and death and hell shall never  
O'er us final triumph gain;  
God is love, so love for ever  
O'er the universe must reign.**

*Words: Timothy Rees (1874-1939) alt.  
Music: William Chatterton Dix (1837-1898)  
Hymn Tune: HYFRYDOL*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

## **The Greeting**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you  
**and also with you.**



# Words of Welcome

## Prayers of Penitence

Compassion and forgiveness belong to the Lord our God,  
though we have rebelled against him,  
let us then renounce our wilfulness and ask his mercy  
by confessing our sins in penitence and faith.

*Silence is kept.*

**Father eternal, giver of light and grace,  
we have sinned against you and against our neighbour,  
in what we have thought,  
in what we have said and done,  
through ignorance, through weakness,  
through our own deliberate fault.  
We have wounded your love,  
and marred your image in us.  
We are sorry and ashamed,  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past;  
and lead us out from darkness  
to walk as children of light.  
Amen.**

*A setting of the 'Kyrie' is sung.*

**Lord have mercy,  
Lord have mercy.**

**Christ have mercy,  
Christ have mercy.**

**Lord have mercy,  
Lord have mercy.**

*The president says:*

May the God of love and power  
forgive you and free you from your sins,  
heal and strengthen you by his Spirit,  
and raise you to new life in Christ our Lord.

**Amen.**

# The Collect

*The president introduces a period of silent prayer with the words 'Let us pray'.*

To you, O Lord, be praise and glory,  
for the victory of our Lord Jesus Christ over death and hell;  
in him we are more than conquerors,  
for he has called us to eternal life.  
Lord, make us worthy of our calling  
that we may serve you in love and peace;  
through Jesus Christ our Lord,  
who reigns with you and the Holy Spirit,  
now and for ever.

**Amen.**

# The Liturgy of the Word

*Please sit.*

A reading from the book of Genesis.

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse, and in you all the families of the earth shall be blessed.”

So Abram went, as the Lord had told him, and Lot went with him. Abram was seventy-five years old when he departed from Haran.

Genesis 12.1-4a.

This is the word of the Lord.

**Thanks be to God.**

*Please stand as the gradual hymn is sung. During the hymn a procession will make its way to the centre of the nave from where the Gospel for the day is read. To symbolise our desire to turn to Christ in our daily lives, at the end of the hymn we remain standing and turn to face the place where the Gospel is proclaimed.*

**I, the Lord of sea and sky,  
I have heard my people cry.  
All who dwell in dark and sin  
My hand will save.  
I who made the stars of night,  
I will make their darkness bright.  
Who will bear my light to them?  
Whom shall I send?**

*Here I am, Lord. Is it I, Lord?  
I have heard you calling in the night.  
I will go, Lord, if you lead me.  
I will hold your people in my heart.*

**I, the Lord of snow and rain,  
I have borne my people's pain.  
I have wept for love of them.  
They turn away.  
I will break their hearts of stone,  
Give them hearts for love alone.  
I will speak my word to them.  
Whom shall I send?**

*Here I am, Lord. Is it I, Lord?  
I have heard you calling in the night.  
I will go, Lord, if you lead me.  
I will hold your people in my heart.*

**I, the Lord of wind and flame,  
I will tend the poor and lame.  
I will set a feast for them.  
My hand will save.  
Finest bread I will provide  
Till their hearts be satisfied.  
I will give my life to them.  
Whom shall I send?**

*Here I am, Lord. Is it I, Lord?  
I have heard you calling in the night.  
I will go, Lord, if you lead me.  
I will hold your people in my heart.*

*Words: Daniel Laurent Schutte (b. 1947) based on Isaiah 6  
Music: Daniel Laurent Schutte (b. 1947)*

# Gospel Reading

Praise to you, O Christ, King of eternal glory.  
The Lord is a great God,  
O that today you would listen to his voice.  
Harden not your hearts.

*cf Psalm 95.3,8*

**Praise to you, O Christ, King of eternal glory.**

Hear the Gospel of our Lord Jesus Christ according to John.

**Glory to you, O Lord.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God, for no one can do these signs that you do unless God is with that person.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind

blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you the teacher of Israel, and yet you do not understand these things?”

“Very truly, I tell you, we speak of what we know and testify to what we have seen, yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world but in order that the world might be saved through him.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **Sermon**

*Please sit after the preacher leads us in prayer.*

*The themes for our sermon series during Lent are based on the invitation to an observance of a Holy Lent which introduced the liturgy on Ash Wednesday. They are self-examination and repentance, prayer, fasting and self-denial, and reading and meditating on God's Holy Word.*

*This week the theme is fasting and self-denial.*



# Affirmation of Faith

*Please stand with the president.*

Let us affirm our faith in Jesus Christ the Son of God.

**Though he was divine,  
he did not cling to equality with God,  
but made himself nothing.  
Taking the form of a slave,  
he was born in human likeness.  
He humbled himself  
and was obedient to death,  
even the death of the cross.  
Therefore God has raised him on high,  
and given him the name above every name:  
that at the name of Jesus  
every knee should bow,  
and every voice proclaim that Jesus Christ is Lord,  
to the glory of God the Father.  
Amen.**

*cf Philippians 2.6-11*

# Prayers of Intercession

*Following an invitation to pray from the intercessor we kneel or sit to pray.*

*The response to the bidding.*

Lord, in your mercy.

**Hear our prayer.**

*Then at the end.*

Merciful Father,

**Accept these prayers for the sake of your Son,  
Our Saviour Jesus Christ.**

**Amen.**

# The Liturgy of the Sacrament

*Please stand with the president.*

## The Peace

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
who has given us access to his grace.

*Romans 5.1,2*

The peace of the Lord be always with you

**and also with you.**

Let us offer one another a sign of peace.

*This is usually a handshake shared with those near you.*

## **Preparation of the Table**

*The table is prepared and bread and wine are placed upon it.*

*A hymn is sung. During this hymn a collection, our financial offering in support of the work of the church both at St. Mary's and across our diocese, is taken.*

*You can place cash or giving envelopes in the collection plates as they are passed around. If you would prefer, or if you miss the plate, you can also give by scanning this QR code, or by tapping your contactless card or device on the giving plate by the door as you leave.*



**Jesu, lover of my soul,  
Let me to thy bosom fly,  
While the nearer waters roll,  
While the tempest still is high:  
Hide me, O my Saviour, hide,  
Till the storm of life is past;  
Safe into the haven guide,  
O receive my soul at last.**

**Other refuge have I none,  
Hangs my helpless soul on thee;  
Leave, ah, leave me not alone,  
Still support and comfort me.  
All my trust on thee is stayed,  
All my help from thee I bring;  
Cover my defenceless head  
With the shadow of thy wing.**

**Plenteous grace with thee is found,  
Grace to cover all my sin;  
Let the healing streams abound,  
Make and keep me pure within.  
Thou of life the fountain art,  
Freely let me take of thee,  
Spring thou up within my heart,  
Rise to all eternity.**

*Words: Charles Wesley (1707-1788)*

*Music: Joseph Parry (1841-1903)*

*Hymn Tune: ABERYSTWYTH*

## **Taking of the Bread and Wine**

God of wisdom,  
may the light of your eternal Word,  
our Lord and Saviour Jesus Christ,  
lead us in holiness and guide us to glory;  
we ask this in his name.

**Amen.**

# The Eucharistic Prayer

*Please kneel or sit.*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and singing:

**Holy, holy, holy Lord,  
God of power and might.  
Heav'n and earth are full of your glory.  
Hosanna in the highest.  
Blessèd is he, O blessèd is he  
who comes in the name of the Lord.  
Hosanna in the highest, hosanna in the highest.**

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.  
Look with favour on your people,  
gather us in your loving arms  
and bring us with Blessed Mary,  
Perpetua, Felicity and companions and all the saints  
to feast at your table in heaven.  
Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

**Amen.** (*Sung*)

*Silence is kept.*

## **The Lord's Prayer**

Lord Jesus, remember us in your kingdom  
and teach us to pray.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

Every time we eat this bread  
and drink this cup

**we proclaim the Lord's death  
until he comes.**



*The **Agnus Dei** is sung as the bread is broken for distribution.*

**Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
grant us peace.**

## **Invitation to Communion**

Draw near with faith,  
receive the body of our Lord Jesus Christ which he gave for you  
and his blood which he shed for you.

Eat and drink in remembrance  
that he died for you  
and feed on him in your heart  
by faith with thanksgiving.

*The president and people receive communion. All baptised Christians are  
welcome to receive the sacrament. Please follow the guidance offered by the  
stewards.*

*If you are not baptised, or would prefer to not receive then do still come  
forward for a blessing bringing this book with you so the president knows your  
intention.*

*The sacrament is available in both kinds, however if you wish to only receive the bread please do so and then return to your place. Receiving in one kind is still considered to be full communion by the Church of England. Please do not dip bread in the wine (sometimes called 'intincting').*

*To the words "The Body/Blood of Christ" the communicant replies "**Amen**".*

*For those at home it might be helpful to use this prayer during the distribution.*

***Holy God,  
whose wild Spirit's breath  
defies our frozen idols:  
take the night time of our fear  
and make it a welcoming womb  
for us and all the world;  
through Jesus Christ, in whom we are born anew.  
Amen.***

# Choir Anthem

## 'God so loved the world'

God so loved the world,  
God so loved the world,  
that he gave his only begotten Son,  
that whoso believeth, believeth in him  
should not perish, should not perish,  
but have everlasting life.  
For God sent not his Son into the world  
to condemn the world,  
God sent not his Son into the world  
to condemn the world;  
but that the world through him might be savèd.  
God so loved the world,  
God so loved the world,  
that he gave his only begotten Son,  
that whoso believeth, believeth in him  
should not perish, should not perish,  
but have everlasting life, everlasting life,  
everlasting, everlasting life.  
God so loved the world,  
God so loved the world,  
God so loved the world.

*Words: John 3.16*

*Music: John Stainer (1840-1901)*

*The following communion hymns may be sung during the distribution as time allows. Please remain seated.*

**Soul of my Saviour, sanctify my breast;  
Body of Christ, be thou my saving guest;  
Blood of my Saviour, bathe me in thy tide,  
Wash me with water flowing from thy side.**

**Strength and protection may thy passion be;  
O blessed Jesus, hear and answer me;  
Deep in thy wounds, Lord, hide and shelter me;  
So shall I never, never part from thee.**

**Guard and defend me from the foe malign;  
In death's dread moments make me only thine;  
Call me, and bid me come to thee on high,  
Where I may praise thee with thy saints for ay.**

*Words: Ascribed to Pope John XXII (1249-1334) translation unknown*

*Music: William Joseph Maher (1823-1877)*

*Hymn Tune: ANIMA CHRISTI*

**Praise to the Holiest in the height,  
And in the depth be praise;  
In all his words most wonderful,  
Most sure in all his ways.**

**O loving wisdom of our God!  
When all was sin and shame.  
A second Adam to the fight,  
And to the rescue came.**

**O wisest love! that flesh and blood,  
Which did in Adam fail,  
Should strive afresh against the foe,  
Should strive and should prevail.**

**And that a higher gift than grace  
Should flesh and blood refine,  
God's presence and his very self,  
And essence all-divine.**

**And in the garden secretly,  
And on the cross on high,  
Should teach his brethren, and inspire  
To suffer and to die.**

**Praise to the Holiest in the height,  
And in the depth be praise;  
In all his words most wonderful,  
Most sure in all his ways.**

*Words: John Henry Newman (1801-1890)*

*Music: melody adapted from Thomas Haweis (1734-1820)*

*Hymn Tune: RICHMOND*

## The Post Communion Prayer

*Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.*

Almighty God,  
you see that we have no power of ourselves to help ourselves:  
keep us both outwardly in our bodies,  
and inwardly in our souls;  
that we may be defended from all adversities  
which happen to the body,  
and from all evil thoughts  
which may assault and hurt the soul;  
through Jesus Christ our Lord.

**Amen.**

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

*A hymn is sung.*

**Ye servants of God, your Master proclaim,  
And publish abroad his wonderful name:  
The name all-victorious of Jesus extol;  
His kingdom is glorious, and rules over all.**

**God ruleth on high, almighty to save;  
And still he is nigh, his presence we have:  
The great congregation his triumph shall sing,  
Ascribing salvation to Jesus our King.**

**Salvation to God who sits on the throne!  
Let all cry aloud, and honour the Son:  
The praises of Jesus the angels proclaim,  
Fall down on their faces, and worship the Lamb.**

**Then let us adore, and give him his right:  
All glory and pow'r, all wisdom and might,  
All honour and blessing, with angels above,  
And thanks never-ceasing, and infinite love.**

*Words: Charles Wesley (1707-1788)*

*Music: from the 'Paderborn Gesangbuch' (1765)*

*Hymn Tune: PADERBORN*

# **The Dismissal**

## **The Blessing**

Christ give you grace  
to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

## **The Dismissal**

Go in the peace of Christ.

**Thanks be to God.**









## Our regular services

Sung Eucharist:	Every Sunday at 10.00 am
Said Eucharist:	Every Wednesday at 10.00 am
Choral Evensong:	First Sunday of the month at 6.00 pm
Compline:	Next on Tuesday 7 March at 8.40 pm




## Contact us

If you'd like to talk to us you can call us on **0113 264 5790**, send an email to **hello@whitkirkchurch.org.uk**, or find more details on our website at **whitkirkchurch.org.uk/contact**.

 Please recycle this booklet

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