

Where all find a welcome and are nurtured in their journey with Christ.

Sung Eucharist

The third Sunday of Lent



Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well.

Welcome to St Mary's



Support our work

St Mary's is a charity which receives no funding from the government and is entirely dependent on donations and fees to keep its doors open, continue its work in the community, and maintain its buildings and outdoor spaces.

If you would like to donate to support us you can give during the service as giving plates are passed around. Alternatively, you can place your offering in the plate by the door as you leave, or tap your contactless card or device.

You can also donate online by card or directly from your bank by scanning this QR Code with your camera or by visiting wkrk.uk/donate.



If you'd like to give in some other way, find out more about planned giving, or learn how we use donations then please ask a member of our team.

Hearing loop available

Our church is fitted with an inductive loop system which can be picked up by setting hearing aids to the "T" position.

Follow the instructions of our stewards

Please follow all instructions from our stewards, especially during communion.



Please sanitise your hands

Please clean your hands using the provided hand sanitiser when entering and leaving the building.

Handshakes optional

When we offer each other a sign of peace you're welcome to share a handshake, but remember that some people may not be comfortable with this and will instead simply nod or wave.

Communion is your choice

Communion is available as both bread and wine, but if you wish to only receive the bread please do so and then return to your seat. Receiving only the bread is still considered to be full communion by the Church of England.

Keeping your distance

If you want to keep some extra space between yourself and others, we recommend sitting on the north side of the building.

Masks welcome

If you feel more comfortable wearing a face covering, please do so. If you've forgotten a face covering and would like one, please speak to a member of our team.

Music

During this season of Lent the Kyrie, Sanctus, Benedictus and Agnus Dei are sung to a music setting written by the Scottish composer Sir James Macmillan (b. 1959).

Other services this week

Messy Church

Today at 4.00 pm

Compline by Candlelight

Tuesday 14 March at 8.40 pm

Said Eucharist

Wednesday 15 March at 10.00 am

Notices and events

Confirmation

The Bishop of Kirkstall is coming to lead a confirmation service for adults on the evening of Ascension Day, Thursday 18th May. If you're interested in confirmation or want to know what's involved please visit wkrk.uk/conf or have a chat with Matthew who will let you know what's involved.

Messy Church

Today at 4.00 pm St Mary's Church Whitkirk Community Centre

Church, but more hands-on. Join us in the Community Centre for drinks and a biscuit, get stuck in with activities around the week's theme, and then end with a short, informal act of worship in the church.

Lent Course 2023: Sound and Sight

This Tuesday 14 March 2023 at 7.30 pm St Mary's Church, Whitkirk

Come and join us as we listen and look at carefully chosen pieces of music and images inspired by Lent, Holy Week and Easter to accompany us on our journey through the season.

Each session will be co-led by our Director of Music who will introduce two pieces of music. Then another member of our Church family will introduce and share two images. After every piece or image there will be time to reflect and, if you wish, to share insights based on what you have heard and seen.

Sung Eucharist for Mothering Sunday

Next Sunday 19 March 2023 at 10.00 am St Mary's Church, Whitkirk

Join us for this service of sung eucharist as we celebrate Mothering Sunday.

Join us after the service for refreshments

You are warmly invited to join us after the service for refreshments in our Community Centre.

The Gathering

Our worship begins at the sound of the bell as the sacred ministers enter, during which an introit hymn is sung.

All my hope on God is founded;
He doth still my trust renew.
Me through change and chance he guideth,
Only good and only true.
God unknown,
He alone
Calls my heart to be his own.

Pride of man and earthly glory,
Sword and crown betray his trust;
What with care and toil he buildeth,
Tow'r and temple, fall to dust
But God's pow'r,
Hour by hour,
Is my temple and my tow'r.

God's great goodness aye endureth,
Deep his wisdom, passing thought:
Splendour, light and life attend him,
Beauty springeth out of naught.
Evermore
From his store
New-born worlds rise and adore.

Daily doth th'Almighty giver Bounteous gifts on us bestow; His desire our soul delighteth, Pleasure leads us where we go. Love doth stand At his hand; Joy doth wait on his command.

Still from man to God eternal Sacrifice of praise be done, High above all praises praising For the gift of Christ his Son. Christ doth call One and all:

Ye who follow shall not fall.

Words: Robert Bridges (1844-1930) based on the German of Joachim Neander (1650-1680) Music: Herbert Howells (1892-1983) Hymn Tune: MICHAEL

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

The Greeting

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you

and also with you.

Words of Welcome

Prayers of Penitence

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise.

Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

Silence is kept.

Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen.

A setting of the 'Kyrie' is sung.

Lord have mercy, Lord have mercy.

Christ have mercy, Christ have mercy.

Lord have mercy, Lord have mercy. The president says:

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life, through Jesus Christ our Lord.

Amen.

The Collect

The president introduces a period of silent prayer with the words 'Let us pray'.

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen.

The Liturgy of the Word

Please sit.

A reading from the book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water, and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?"

So Moses cried out to the Lord, "What shall I do for this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink."

Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Exodus 17 1-7

This is the word of the Lord.

Thanks be to God.

Please stand as the gradual hymn is sung and at the end remain standing and face the place where the Gospel is proclaimed.

Christ, whose glory fills the skies, Christ, the true, the only light, Sun of Righteousness, arise, Triumph o'er the shades of night; Dayspring from on high, be near; Daystar, in my heart appear.

Dark and cheerless is the morn
Unaccompanied by thee;
Joyless is the day's return,
Till thy mercy's beams I see,
Till they inward light impart,
Glad my eyes, and warm my heart.

Visit then this soul of mine,
Pierce the gloom of sin and grief;
Fill me, radiancy divine,
Scatter all my unbelief;
More and more thyself display,
Shining to the perfect day.

Words: Charles Wesley (1707-1788) Music: from Johann Gottlob Werner's 'Choralebuch', Leipzig (1815)

Hymn Tune: RATISBON

Gospel Reading

Praise to you, O Christ, King of eternal glory.

The Lord is a great God, O that today you would listen to his voice.

Harden not your hearts.

cf Psalm 95.3,8

Praise to you, O Christ, King of eternal glory.

Hear the Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband,' for you have had five husbands, and the one you have now is not your

husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming and is now here when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be

the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of

what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

John 4.5-42

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

Please sit after the preacher leads us in prayer.

The themes for our sermon series during Lent are based on the invitation to an observance of a Holy Lent which introduced the liturgy on Ash Wednesday. They are self-examination and repentance, prayer, fasting and self-denial, and reading and meditating on God's Holy Word.

This week the theme is self-examination and repentance.

Affirmation of Faith

Please stand with the president.

Let us affirm our faith in Jesus Christ the Son of God.

Though he was divine,
he did not cling to equality with God,
but made himself nothing.

Taking the form of a slave,
he was born in human likeness.

He humbled himself
and was obedient to death,
even the death of the cross.

Therefore God has raised him on high,
and given him the name above every name:
that at the name of Jesus
every knee should bow,
and every voice proclaim that Jesus Christ is Lord,
to the glory of God the Father.

Amen.

cf Philippians 2.6-1 I

Prayers of Intercession

Following an invitation to pray from the intercessor we kneel or sit to pray.

The response to the bidding.

Lord, in your mercy.

Hear our prayer.

Then at the end.

Merciful Father,

Accept these prayers for the sake of your Son, Our Saviour Jesus Christ.

Amen.

The Liturgy of the Sacrament

Please stand with the president.

The Peace

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

Romans 5.1,2

The peace of the Lord be always with you and also with you.

Preparation of the Table

The table is prepared and bread and wine are placed upon it.

A hymn is sung. During this hymn a collection, our financial offering in support of the work of the church both at St. Mary's and across our diocese, is taken.

You can place cash or giving envelopes in the collection plates as they are passed around. If you would prefer, or if you miss the plate, you can also give by scanning this QR code, or by tapping your contactless card or device on the giving plate by the door as you leave.



Be thou my vision, O Lord of my heart; Be all else but naught to me, save that thou art, Be thou my best thought in the day and the night, Both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word, Be thou ever with me, and I with thee, Lord, Be thou my great Father, and I thy true son, Be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight, Be thou my whole armour, be thou my true might, Be thou my soul's shelter, be thou my strong tow'r, O raise thou me heav'nward, great Pow'r of my pow'r.

Riches I heed not, nor man's empty praise, Be thou mine inheritance now and always, Be thou and thou only the first in my heart, O Sov'reign of heaven, my treasure thou art. High King of heaven, thou heaven's bright Sun, O grant me its joys after vict'ry is won, Great Heart of my own heart, whatever befall, Still be thou my vision, O Ruler of all.

Words: Irish (c. 8th century) Translated by Mary Byrne (1880-1931) and Eleanor Hull (1860-1935) Music: Irish traditional melody Hymn Tune: SLANE

Taking of the Bread and Wine

God of our journey, as we walk with you on your path of obedience, sustain us on our way and lead us to your glory; through Jesus Christ our Lord.

Amen.

The Eucharistic Prayer

Please kneel or sit.

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son. For in these forty days you lead us into the desert of repentance that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again. Through fasting, prayer and acts of service you bring us back to your generous heart. Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendour of your love. As we prepare to celebrate the Easter feast with joyful hearts and minds we bless you for your mercy and join with saints and angels for ever praising you and singing:

Holy, holy, holy Lord,
God of power and might.
Heav'n and earth are full of your glory.
Hosanna in the highest.
Blessèd is he, O blessèd is he
who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest.

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit these gifts of bread and wine may be to us his body and his blood; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father,
we remember his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord.

Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

Blessing and honour and glory and power be yours for ever and ever.

Amen.

Silence is kept.

The Lord's Prayer

Lord Jesus, remember us in your kingdom and teach us to pray.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation; but deliver us from evil.

For thine is the kingdom, the power and the glory, for ever and ever.

Amen.

Breaking of the Bread

The president breaks the consecrated bread.

Every time we eat this bread and drink this cup.

We proclaim the Lord's death until he comes.

The **Agnus Dei** is sung as the bread is broken for distribution.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Invitation to Communion

God's holy gifts for God's holy people.

Jesus Christ is holy, Jesus Christ is Lord, to the glory of God the Father.

The president and people receive communion. All baptised Christians are welcome to receive the sacrament. Please follow the guidance offered by the stewards

If you are not baptised, or would prefer to not receive then do still come forward for a blessing bringing this book with you so the president knows your intention.

The sacrament is available in both kinds, however if you wish to only receive the bread please do so and then return to your place. Receiving in one kind is still considered to be full communion by the Church of England. Please do not dip bread in the wine (sometimes called 'intincting').

To the words "The Body/Blood of Christ" the communicant replies "Amen".

For those at home it might be helpful to use this prayer during the distribution

Lord of the wellspring,
source of life and truth:

Jesus asked for water
from the hands of a woman
in the land of the stranger;
may he teach us to name our need,
to love our neighbour
and to worship you
in spirit and in truth,
through Jesus Christ, who shows us who we are.
Amen.

Choir Anthem

'Steal away to Jesus'

Steal away, steal away, Steal away to Jesus. Steal away, steal away home, I ain't got long to stay here. Steal away, steal away, Steal away to Jesus. Steal away, steal away home, I ain't got long to stay here.

My Lord, he calls me,
He calls me by the thunder;
The trumpet sounds within my soul;
I ain't got long to stay here.

Steal away, steal away, Steal away to Jesus. Steal away, steal away home, I ain't got long to stay here.

My Lord, he calls me,
He calls me by the lightning;
The trumpet sounds within my soul;
I ain't got long to stay here.

Steal away, steal away, Steal away to Jesus. Steal away, steal away home, I ain't got long to stay here.

Words & Music: Spiritual (African-American) arranged by Tim Brace (b. 1951)

The following communion hymns may be sung during the distribution as time allows. Please remain seated.

We love the place, O God, Wherein thine honour dwells; The joy of thine abode All earthly joy excels.

It is the house of prayer, Wherein thy servants meet; And thou, O Lord, art there Thy chosen flock to greet.

We love the sacred font; For there the holy Dove To pour is ever wont His blessing from above.

We love thine altar, Lord; O what on earth so dear? For there, in faith adored, We find thy presence near.

We love the word of life, The word that tells of peace, Of comfort in the strife, And joys that never cease.

We love to sing below For mercies freely giv'n; But O, we long to know The triumph-song of heav'n. Lord Jesus, give us grace
On earth to love thee more,
In heav'n to see thy face,
And with thy saints adore.

Words: William Bullock (1798-1874) and Henry Williams Baker (1821-1877) Music: Henry Lascelles Jenner (1820-1898) Hymn Tune: QUAM DILECTA

All heav'n declares
The glory of the risen Lord.
Who can compare
With the beauty of the Lord?
For ever he will be
The Lamb upon the throne.
I gladly bow the knee
And worship him alone.

I will proclaim
The glory of the risen Lord,
Who once was slain
To reconcile us to God.
For ever you will be
The Lamb upon the throne;
I gladly bow the knee
And worship you alone.

Words & Music: Noel and Tricia Richards Music arrangement: by Malcolm Archer (b. 1952)

The Post Communion Prayer

The president introduces a time of silent prayer with the words 'Let us pray'.

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God, through Jesus Christ our Lord.

Amen.

You have opened to us the Scriptures, O Christ, and you have made yourself known in the breaking of the bread.

Abide with us, we pray, that, blessed by your royal presence, we may walk with you all the days of our life, and at its end behold you in the glory of the eternal Trinity, one God for ever and ever.

Amen.

A hymn is sung.

Come down, O Love divine,
Seek thou this soul of mine,
And visit it with thine own ardour glowing;
O Comforter, draw near,
Within my heart appear,
And kindle it, thy holy flame bestowing.

O let it freely burn,
Till earthly passions turn
To dust and ashes in its heat consuming;
And let thy glorious light
Shine ever on my sight,
And clothe me round, the while my path illuming.

Let holy charity
Mine outward vesture be,
And lowliness become mine inner clothing;
True lowliness of heart,
Which takes the humbler part,
And o'er its own shortcomings weeps with loathing.

And so the yearning strong,
With which the soul will long,
Shall far outpass the pow'r of human telling;
For none can guess its grace,
Till he become the place
Wherein the Holy Spirit makes his dwelling.

Words: Italian, Bianco da Siena (d. 1434) translated by Richard Frederick Littledale (1833-1890) Music: Ralph Vaughan Williams (1872-1958) Hymn Tune: DOWN AMPNEY

The Dismissal

The Blessing

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

Amen.

The Dismissal

Go in the peace of Christ.

Thanks be to God.

Our regular services

Sung Eucharist: Every Sunday at 10.00 am

Said Eucharist: Every Wednesday at 10.00 am

Choral Evensong: First Sunday of the month at 6.00 pm
Compline: Next on Tuesday 7 March at 8.40 pm

Contact us

If you'd like to talk to us you can call us on **0113 264 5790**, send an email to **hello@whitkirkchurch.org.uk**, or find more details on our website at **whitkirkchurch.org.uk/contact**.

Please recycle this booklet

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