



Where all find a welcome and are nurtured in their journey with Christ.

# Sung Eucharist

The fifth Sunday after Trinity



‘Come to me, all you that are weary  
and are carrying heavy burdens, and I will give you rest.’

# Welcome to St Mary's

## Support our work

St Mary's is a charity which receives no funding from the government and is entirely dependent on donations and fees to keep its doors open, continue its work in the community, and maintain its buildings and outdoor spaces.

If you would like to donate to support us you can give during the service as giving plates are passed around. Alternatively, you can place your offering in the plate by the door as you leave, or tap your contactless card or device.

You can also donate online by card or directly from your bank by scanning this QR Code with your camera or by visiting [wkrk.uk/donate](https://wkrk.uk/donate).



If you'd like to give in some other way, find out more about planned giving, or learn how we use donations then please ask a member of our team.

## Hearing loop available

Our church is fitted with an inductive loop system which can be picked up by setting hearing aids to the "T" position.

## Follow the instructions of our stewards

Please follow all instructions from our stewards, especially during communion.



## **Please sanitise your hands**

Please clean your hands using the provided hand sanitiser when entering and leaving the building.



## **Digital order of service available**

If you prefer, you can follow our order of service on your own phone or tablet. Just visit [wkrk.uk/oos](http://wkrk.uk/oos) on your browser or scan this QR Code.



## **Handshakes optional**

When we offer each other a sign of peace you're welcome to share a handshake, but remember that some people may not be comfortable with this and will instead simply nod or wave.



## **Communion is your choice**

Communion is available as both bread and wine, but if you wish to only receive the bread please do so and then return to your seat. Receiving only the bread is still considered to be full communion by the Church of England.



## **Masks welcome**

If you feel more comfortable wearing a face covering, please do so. If you've forgotten a face covering and would like one, please speak to a member of our team.

## **Other services this week**

### **Messy Church**

Today at 4.00 pm

### **Said Eucharist**

Wednesday 12 July at 10.00 am

## **Notices and events**

### **Messy Church**

**Today at 4.00 pm**

#### **St Mary's Church Whitkirk Community Centre**

Church, but more hands-on. Join us in the Community Centre for drinks and a biscuit, get stuck in with activities around the week's theme, and then end with a short, informal act of worship in the church.

### **Pints of View**

**This Thursday 13 July at 7.30 pm**

#### **The Brown Cow**

Come and join us in the pub as we chat about how Christianity relates to the rest of our lives. From events in the news to how prayer can help us grow, exploring the deeper meaning of the Eucharist to unpacking just what happens when we celebrate Christmas.

Every meeting is open to anyone, no matter if you've come before or you're totally new.

# **Choral Evensong at Ripon Cathedral**

**Next Sunday 16 July at 3.30 pm**

**Ripon Cathedral**

The 'Heritage Singers and Combined Choirs' will be singing Choral Evensong at Ripon Cathedral. The choral music will include a setting of the 'Magnificat and Nunc Dimittis' by Herbert Brewer and a choir anthem - 'Above all Praise and all Majesty' - composed by Felix Mendelssohn. Several choristers of St Mary's Whitkirk will be singing as part of this combined choir.

## **Join us after the service for refreshments**

You are warmly invited to join us after the service for refreshments in our Community Centre.



# The Gathering

*Our worship begins at the sound of the bell, please stand as the sacred ministers enter, during which the introit hymn is sung.*

**All creatures of our God and King,  
Lift up your voice and with us sing  
Alleluia, alleluia!**

**Thou burning sun with golden beam,  
Thou silver moon with softer gleam:  
O praise him, O praise him,  
Alleluia, alleluia, alleluia.**

**Thou flowing water, pure and clear,  
Make music for thy Lord to hear,  
Alleluia, alleluia!**

**Thou fire so masterful and bright,  
That givest man both warmth and light:  
O praise him, O praise him,  
Alleluia, alleluia, alleluia.**

**Dear mother earth, who day by day  
Unfoldest blessings on our way,  
O praise him, alleluia!  
The flow'rs and fruits that in thee grow,  
Let them his glory also show:  
O praise him, O praise him,  
Alleluia, alleluia, alleluia.**

**Let all things their Creator bless,  
And worship him in humbleness,  
O praise him, alleluia!  
Praise, praise the Father, praise the Son,  
And praise the Spirit, three in One.  
O praise him, O praise him,  
Alleluia, alleluia, alleluia.**

*Words: William Draper (1855-1933)*

*based on the 'Cantico di Frate Sole' of St Francis of Assisi (1182-1226)*

*Music: melody from 'Geistliche Kirchengesang', Cologne (1623)*

*arranged by Ralph Vaughan Williams (1872-1958)*

*Hymn Tune: LASST UNS ERFREUEN*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

## **The Greeting**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

**and also with you.**



# Words of Welcome

## Invitation to Confession

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.  
Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

*Silence is kept.*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**Amen.**

## **Gloria in Excelsis**

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## **The Collect**

*The president introduces a period of silent prayer with the words 'Let us pray'.*

Almighty and everlasting God,  
by whose Spirit the whole body of the Church  
is governed and sanctified:  
hear our prayer which we offer for all your faithful people,  
that in their vocation and ministry  
they may serve you in holiness and truth  
to the glory of your name;  
through our Lord and Saviour Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

*Please sit.*

# The Liturgy of the Word

A reading from the letter of Paul to the Romans.

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do.

Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members.

Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

*Romans 7.15-25a*

This is the word of the Lord.

**Thanks be to God.**

*Please stand as the gradual hymn is sung. At the end of the hymn we remain standing and turn to face the place where the Gospel is proclaimed.*

**I heard the voice of Jesus say,  
'Come unto me and rest;  
Lay down, thou weary one, lay down  
Thy head upon my breast.'**

**I came to Jesus as I was,  
So weary, worn and sad;  
I found in him a resting place,  
And he has made me glad.**

**I heard the voice of Jesus say,  
'Behold, I freely give  
The living water, thirsty one;  
Stoop down and drink and live.'**

**I came to Jesus, and I drank  
Of that life-giving stream;  
My thirst was quenched, my soul revived,  
And now I live in him.**

**I heard the voice of Jesus say,  
'I am this dark world's light;  
Look unto me, thy morn shall rise,  
And all thy day be bright.'  
I looked to Jesus, and I found  
In him my star, my sun;  
And in that light of life I'll walk  
Till trav'ling days are done.**

*Words: Horatius Bonar (1808-1889)*

*Music: English traditional melody*

*adapted and arranged by Ralph Vaughan Williams (1872-1958)*

## **Gospel Reading**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

At that time Jesus said, 'To what will I compare this generation? It is like children sitting in the market-places and calling to one another, "We played the flute for you, and you did not dance; we wailed, and you did not mourn." For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.

I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

*Matthew 11.16-19, 25-end*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **Sermon**

*Please sit after the preacher leads us in prayer.*

# The Nicene Creed

*Please stand with the president.*

Let us declare our faith in God.

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**



**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

## **Prayers of Intercession**

*Following an invitation to pray from the intercessor we kneel or sit to pray.*

*The response to the bidding:*

Lord, in your mercy.

**Hear our prayer.**

*then at the end:*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

# The Liturgy of the Sacrament

*Please stand with the president.*

## The Peace

We are the body of Christ.

In the one Spirit we were all baptised into one body.

Let us then pursue all that makes for peace  
and builds up our common life.

The peace of the Lord be always with you

**and also with you.**

Let us offer one another a sign of peace.

*This is usually a handshake shared with those near you.*

## Preparation of the Table

*The table is prepared and bread and wine are placed upon it.*

*A hymn is sung. During this hymn a collection, our financial offering in support of the work of the church both at St. Mary's and across our diocese, is taken.*



*You can place cash or giving envelopes on the collection plates as they are passed around. If you would prefer, or if you miss the plate, you can also give by scanning this QR code, or by tapping your contactless card or device on the giving plate by the door as you leave.*

**Praise to the Lord,  
The Almighty, the King of creation;  
O my soul, praise him,  
For he is thy health and salvation:  
All ye who hear,  
Now to his temple draw near,  
Joining in glad adoration.**

**Praise to the Lord,  
Who o'er all things so wondrously reigneth,  
Shieldeth thee gently from harm,  
Or when fainting sustaineth:  
Hast thou not seen  
How thy heart's wishes have been  
Granted in what he ordaineth?**

**Praise to the Lord,  
Who doth prosper thy work and defend thee;  
Surely his goodness and mercy  
Shall daily attend thee:  
Ponder anew  
What the Almighty can do,  
If to the end he befriend thee.**

**Praise to the Lord,  
O let all that is in me adore him!  
All that hath life and breath,  
Come now with praises before him!  
Let the Ame  
Sound from his people again:  
Gladly for ay we adore him.**

*Words: Joachim Neander (1650-1680)  
translated by Catherine Winkworth (1827-1878)  
Music: from 'Praxis Pietatis Melica (1668)  
Hymn Tune: LOBE DEN HERREN*

## **Taking of the Bread and Wine**

Be present, be present,  
Lord Jesus Christ,  
our risen high priest;  
make yourself known in the breaking of bread.

**Amen.**

## **The Eucharistic Prayer (G)**

*Please kneel or sit.*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Blessed are you, Lord God,  
our light and our salvation;  
to you be glory and praise for ever.

From the beginning you have created all things  
and all your works echo the silent music of your praise.

In the fullness of time you made us in your image,  
the crown of all creation.

You give us breath and speech, that with angels and archangels  
and all the powers of heaven  
we may find a voice to sing your praise:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

How wonderful the work of your hands, O Lord.

As a mother tenderly gathers her children,  
you embraced a people as your own.

When they turned away and rebelled  
your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary,  
to be the living bread,

in whom all our hungers are satisfied.

He offered his life for sinners,  
and with a love stronger than death  
he opened wide his arms on the cross.

On the night before he died,  
he came to supper with his friends  
and, taking bread, he gave you thanks.  
He broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
At the end of supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

**Christ has died,  
Christ is risen,  
Christ will come again.**

Father, we plead with confidence  
his sacrifice made once for all upon the cross;  
we remember his dying and rising in glory,  
and we rejoice that he intercedes for us at your right hand.  
Pour out your Holy Spirit as we bring before you  
these gifts of your creation;  
may they be for us the body and blood of your dear Son.  
As we eat and drink these holy things in your presence,  
form us in the likeness of Christ,  
and build us into a living temple to your glory.

Remember, Lord, your Church in every land.  
Reveal her unity, guard her faith,  
and preserve her in peace  
that in communion with Stephen our Archbishop and Nick our  
Bishop we may be faithful to our calling as your people.

Bring us at the last with Blessed Mary,  
Benedict, Swithun, Bonaventure, John Keble and all your saints  
to the vision of that eternal splendour  
for which you have created us;  
through Jesus Christ, our Lord,  
by whom, with whom, and in whom,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty, in songs of everlasting praise:

**Blessing and honour and glory and power  
be yours for ever and ever.**

**Amen.**

*Silence is kept.*

## **The Lord's Prayer**

Rejoicing in God's presence here among us  
let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**



*The **Agnus Dei** is sung as the bread is broken for distribution.*

**Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
grant us peace.**

## **Invitation to Communion**

Draw near with faith.

Receive the body of our Lord Jesus Christ  
which he gave for you,  
and his blood  
which he shed for you.

Eat and drink  
in remembrance that he died for you  
and feed on him in your hearts  
by faith with thanksgiving.

*The president and people receive communion. All baptised Christians are welcome to receive the sacrament. Please follow the guidance offered by the stewards.*

*If you are not baptised, or would prefer to not receive then do still come forward for a blessing bringing this book with you so the president knows your intention.*

*The sacrament is available in both kinds, however if you wish to only receive the bread please do so and then return to your place. Receiving in one kind is still considered to be full communion by the Church of England. Please do not dip bread in the wine (sometimes called 'intincting').*

*It might be helpful to use this prayer during the distribution.*

**Lord of heaven and earth,  
whose Son came eating and drinking,  
exposing the rivalry  
that tears the world apart:  
may we share his feast and friendship  
and lay our burdens  
in his liberating arms;  
through Jesus Christ, Wisdom's child.  
Amen.**

## **Choir Anthem**

### **'Thou visitest the earth'**

Thou visitest the earth, and blessest it, and blessest it:  
And crownest the year, the year with thy goodness.

Thou visitest the earth, and blessest it, and blessest it:  
Thou crownest the year, the year with thy goodness.

*Words: Psalm 65 verses 9 and 12  
Music: Maurice Greene (1696-1755)*

*The following communion hymns may be sung during the distribution as time allows. Please remain seated.*

**Just as I am, without one plea  
But that thy blood was shed for me,  
And that thou bidst me come to thee,  
O Lamb of God, I come.**

**Just as I am, though tossed about  
With many a conflict, many a doubt,  
Fightings and fears within, without,  
O Lamb of God, I come.**

**Just as I am, poor, wretched, blind;  
Sight, riches, healing of the mind,  
Yea, all I need, in thee to find,  
O Lamb of God, I come.**

**Just as I am, thou wilt receive,  
Wilt welcome, pardon, cleanse, relieve:  
Because thy promise I believe,  
O Lamb of God, I come.**

**Just as I am, thy love unknown  
Has broken ev'ry barrier down,  
Now to be thine, yea, thine alone,  
O Lamb of God, I come.**

**Just as I am, of that free love  
The breadth, length, depth and height to prove,  
Here for a season, then above,  
O Lamb of God, I come.**

*Words: Charlotte Elliott (1789-1871)*

*Music: Arthur Henry Brown (1830-1926)*

*Hymn Tune: SAFFRON WALDEN*

**Be still and know that I am God.  
Be still and know that I am God.  
Be still and know that I am God.**

**I am the Lord that healeth thee.  
I am the Lord that healeth thee.  
I am the Lord that healeth thee.**

**In thee, O Lord, I put my trust.  
In thee, O Lord, I put my trust.  
In thee, O Lord, I put my trust.**

*Words: Unknown, based on Psalm 46*

*Music: Unknown, arranged by Adrian Vernon Fish (b. 1956)*

*Hymn Tune: BE STILL AND KNOW*

**How sweet the name of Jesus sound  
In a believer's ear!  
It soothes his sorrows, heals his wounds,  
And drives away his fear.**

**It makes the wounded spirit whole,  
And calms the troubled breast;  
'Tis manna to the hungry soul,  
And to the weary rest.**

**Dear name! the rock on which I build,  
My shield and hiding-place,  
My never-failing treasury filled  
With boundless stores of grace.**

**Jesus! my shepherd, brother, friend,  
My prophet, priest, and king,  
My Lord, my life, my way, my end,  
Accept the praise I bring.**

**Weak is the effort of my heart,  
And cold my warmest thought;  
But when I see thee as thou art,  
I'll praise thee as I ought.**

**Till then I would thy love proclaim  
With ev'ry fleeting breath;  
And may the music of thy name  
Refresh my soul in death.**

*Words: John Newton (1725-1807)*

*Music: Alexander Robert Reinagle (1799-1877)*

*Hymn Tune: SAINT PETER*

# The Post Communion Prayer

*Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.*

Grant, O Lord, we beseech you,  
that the course of this world may be so peaceably ordered  
by your governance,  
that your Church may joyfully serve you in all godly quietness;  
through Jesus Christ our Lord.

**Amen.**

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

*A hymn is sung.*

**Jesus shall reign where'er the sun  
Does his successive journeys run,  
His kingdom stretch from shore to shore,  
Till moons shall wax and wane no more.**

**People and realms of ev'ry tongue  
Dwell on his love with sweetest song,  
And infant voices shall proclaim  
Their early blessings on his name.**

**Blessings abound where'er he reigns:  
The pris'ner leaps to lose his chains;  
The weary find eternal rest,  
And all the sons of want are blest.**

**Let ev'ry creature rise and bring  
Peculiar honours to our King;  
Angels descend with songs again,  
And earth repeat the long Amen.**

*Words: Isaac Watts (1674-1748)*

*Music: melody from Tomas Williams's 'Psalmodia Evangelica' (1789)*

*Hymn Tune: TRURO*

# **The Dismissal**

## **The Blessing**

Christ, who has nourished us with himself the living bread,  
make you one in praise and love,  
and raise you up at the last day;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

## **The Dismissal**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**









## Our regular services

Sung Eucharist:	Every Sunday at 10.00 am
Said Eucharist:	Every Wednesday at 10.00 am
Choral Evensong:	First Sunday of the month at 6.00 pm Next today
Compline:	First Wednesday of the month at 8.30 pm (Except August) Next on Wednesday 6 September




## Contact us

If you'd like to talk to us you can call us on **0113 264 5790**, send an email to **hello@whitkirkchurch.org.uk**, or find more details on our website at **whitkirkchurch.org.uk/contact**.

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