



Where all find a welcome and are nurtured in their journey with Christ.

Sung Eucharist

The tenth Sunday after Trinity

Welcome to St Mary's

Support our work

St Mary's is a charity which receives no funding from the government and is entirely dependent on donations and fees to keep its doors open, continue its work in the community, and maintain its buildings and outdoor spaces.

If you would like to donate to support us you can give during the service as giving plates are passed around. Alternatively, you can place your offering on the plate by the door as you leave or tap your contactless card or device.

You can also donate online by card or directly from your bank by scanning this QR Code with your camera or by visiting wkrk.uk/donate.



If you'd like to give in some other way, find out more about planned giving, or learn how we use donations then please ask a member of our team.

Hearing loop available

Our church is fitted with an inductive loop system which can be picked up by setting hearing aids to the "T" position.

Follow the instructions of our stewards

Please follow all instructions from our stewards, especially during communion.



Please sanitise your hands

Please clean your hands using the provided hand sanitiser when entering and leaving the building.



Digital order of service available

If you prefer, you can follow our order of service on your own phone or tablet. Just visit wkrk.uk/oos on your browser or scan this QR Code.



Handshakes optional

When we offer each other a sign of peace you're welcome to share a handshake, but remember that some people may not be comfortable with this and will instead simply nod or wave.



Communion is your choice

Communion is available as both bread and wine, but if you wish to only receive the bread please do so and then return to your seat. Receiving only the bread is still considered to be full communion by the Church of England.



Masks welcome

If you feel more comfortable wearing a face covering, please do so. If you've forgotten a face covering and would like one, please speak to a member of our team.

Upcoming services

Said Eucharist

Wednesday 7 August at 10.00 am

Choral Evensong

This evening at 6.00 pm

Sung Eucharist for the eleventh Sunday after Trinity

Sunday 11 August at 10.00 am

A prayer for vacancy

Heavenly Father, Good Shepherd of all,
we give you thanks and praise
that your call to this ministry has been answered.
Holy Spirit, encourage and inspire Claire
as she prepares to serve you in this parish;
open our arms and our hearts
that she might find a warm welcome;
and guide us all to nurture each other
as we journey together with Christ.
Amen

Notices and events

Join us after the service for refreshments

You are warmly invited to join us after the service for refreshments in our Community Centre.

The Gathering

Our worship begins at the sound of the bell, please stand as the sacred ministers enter, during which the introit hymn is sung.

**Christ is the King, O friends rejoice!
brothers and sisters with one voice
make all men know he is your choice:
Alleluia, alleluia, alleluia.**

**The first apostles round them drew
thousands of faithful men and true,
sharing a faith for ever new:
Alleluia, alleluia, alleluia.**

**Then magnify the Lord and raise
anthems of joy and holy praise
for Christ's brave saints of ancient days:
Alleluia, alleluia, alleluia.**

**O Christian women, Christian men,
all the world over, seek again
the way disciples followed then:
Alleluia, alleluia, alleluia.**

**Christ through all ages is the same;
place the same hope in his great name,
with the same faith his word proclaim:
Alleluia, alleluia, alleluia.**

**Let Love's unconquerable might
God's people everywhere unite
in service to the Lord of light:
Alleluia, alleluia, alleluia.**

Words: George Kennedy Allen Bell (1883-1958)

Music: melody from Melchior Vulpius' 'Gesangbuch' (1609)

harmony by Henry George Ley (1887-1962)

Hymn Tune: VULPIUS (GELOBT SEI GOTT)

In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you

and also with you.

Words of Welcome

Invitation to Confession

As we prepare to celebrate the mystery of God's love,
revealed in Word and Sacrament,
let us call to mind our sins.

Silence is kept.

**Father eternal, giver of light and grace,
we have sinned against you and against our neighbour,
in what we have thought,
in what we have said and done,
through ignorance, through weakness,
through our own deliberate fault.**

**We have wounded your love,
and marred your image in us.**

**We are sorry and ashamed,
and repent of all our sins.**

**For the sake of your Son Jesus Christ,
who died for us,**

**forgive us all that is past;
and lead us out from darkness
to walk as children of light.**

Amen.

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by his Spirit,
and raise you to new life in Christ our Lord.

Amen.

Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

The president introduces a period of silent prayer with the words 'Let us pray'.

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The Liturgy of the Word

A reading from the letter of Paul to the Ephesians.

I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' (When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Ephesians 4.1-16

This is the word of the Lord.

Thanks be to God.

Please stand as the gradual hymn is sung. During the hymn a procession will make its way to the centre of the nave from where the Gospel for the day is read. To symbolise our desire to turn to Christ in our daily lives, at the end of the hymn we remain standing and turn to face the place where the Gospel is proclaimed.

**Let all mortal flesh keep silence,
and with fear and trembling stand;
ponder nothing earthly-minded,
for with blessing in his hand
Christ our God to earth descendeth,
our full homage to demand.**

**King of kings, yet born of Mary,
as of old on earth he stood,
Lord of lords, in human vesture,
in the body and the blood.
He will give to all the faithful
his own self for heav'nly food.**

**Rank on rank the host of heaven
spreads its vanguard on the way,
as the Light of light descendeth
from the realms of endless day,
that the pow'rs of hell may vanish
as the darkness clears away.**

**At his feet the six-winged seraph;
cherubim, with sleepless eye,
veil their faces to the Presence,
as with ceaseless voice they cry,
Alleluia, Alleluia,
Alleluia, Lord most high.**

*Words: Liturgy of St James
translated by Gerard Moultrie (1829-1885)
Music: French traditional melody
Hymn Tune: PICARDY*

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.

When the crowd saw that neither Jesus nor his disciples were at the place where Jesus had given the bread, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, ‘Rabbi, when did you come here?’ Jesus answered them, ‘Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.’ Then they said to him, ‘What must

we do to perform the works of God?’ Jesus answered them, ‘This is the work of God, that you believe in him whom he has sent.’ So they said to him, ‘What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, “He gave them bread from heaven to eat.”’ Then Jesus said to them, ‘Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.’ They said to him, ‘Sir, give us this bread always.’

Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.’

John 6.24-35

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

Please sit after the preacher leads us in prayer.

Affirmation of faith

Please stand with the president.

Let us declare our faith in God.

**We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God;
Father, Son and Holy Spirit.
Amen.**

cf Ephesians 3

Prayers of Intercession

Following an invitation to pray from the intercessor we kneel or sit to pray.

The response to the bidding:

Lord, in your mercy
hear our prayer.

then at the end:

Merciful Father,

**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Liturgy of the Sacrament

Please stand with the president.

The Peace

We are the body of Christ.

In the one Spirit we were all baptised into one body.

Let us then pursue all that makes for peace
and builds up our common life.

The peace of the Lord be always with you

and also with you.

Let us offer one another a sign of peace.

This is usually a handshake shared with those near you.

Preparation of the Table

The table is prepared and bread and wine are placed upon it.

A hymn is sung. During this hymn a collection, our financial offering in support of the work of the Church both at St. Mary's and across our diocese, is taken.

You can place cash or giving envelopes on the collection plates as they are passed around. If you would prefer, or if you miss the plate, you can also give by scanning this QR code, or by tapping your contactless card or device on the card reader by the door as you leave.



**Glorious things of thee are spoken,
Zion, city of our God;
he whose word cannot be broken
formed thee for his own abode.
On the Rock of Ages founded,
what can shake thy sure repose?
with salvation's walls surrounded,
thou may'st smile at all thy foes.**

**See, the streams of living waters,
springing from eternal love,
well supply thy sons and daughters,
and all fear of want remove.
Who can faint while such a river
ever flows their thirst to assuage?
grace which, like the Lord, the giver,
never fails from age to age.**

**Round each habitation hov'ring,
see the cloud and fire appear
for a glory and a cov'ring,
showing that the Lord is near.
Thus they march, the pillar leading,
light by night and shade by day;
daily on the manna feeding
which he gives them when they pray.**

**Saviour, if of Zion's city
I through grace a member am,
let the world deride or pity,
I will glory in thy name.
Fading is the worldling's pleasure,
boasted pomp and empty show;
solid joys and lasting treasure
none but Zion's children know.**

Words: John Newton (1725-1807)

based on Isaiah 33.20-21 alt.

Music: Cyril Vincent Taylor (1907-1991)

Hymn Tune: ABBOT'S LEIGH

Taking of the Bread and Wine

Blessed are you, Lord God of all creation:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation:
through your goodness we have this wine to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

Blessed be God for ever.

The Eucharistic Prayer (F)

Please kneel or sit.

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

You are worthy of our thanks and praise,
Lord God of truth,
for by the breath of your mouth
you have spoken your word,
and all things have come into being.
You fashioned us in your image
and placed us in the garden of your delight.
Though we chose the path of rebellion
you would not abandon your own.
Again and again you drew us into your covenant of grace.
You gave your people the law and taught us by your prophets
to look for your reign of justice, mercy and peace.

As we watch for the signs of your kingdom on earth,
we echo the song of the angels in heaven,
evermore praising you and singing:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord God, you are the most holy one,
enthroned in splendour and light,
yet in the coming of your Son Jesus Christ
you reveal the power of your love
made perfect in our human weakness.

(Sung) **Amen. Lord, we believe.**

Embracing our humanity,
Jesus showed us the way of salvation;
loving us to the end,
he gave himself to death for us;
dying for his own,
he set us free from the bonds of sin,
that we might rise and reign with him in glory.

(Sung) **Amen. Lord, we believe.**

On the night he gave up himself for us all
he took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

(Sung) **Amen. Lord, we believe.**

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

(Sung) **Amen. Lord, we believe.**

Therefore we proclaim the death that he suffered on the cross,
we celebrate his resurrection, his bursting from the tomb,
we rejoice that he reigns at your right hand on high
and we long for his coming in glory.

(Sung) **Amen. Come, Lord Jesus.**

As we recall the one, perfect sacrifice of our redemption,
Father, by your Holy Spirit let these gifts of your creation
be to us the body and blood of our Lord Jesus Christ;
form us into the likeness of Christ
and make us a perfect offering in your sight.

(Sung) **Amen. Come, Holy Spirit.**

Look with favour on your people
and in your mercy hear the cry of our hearts.
Bless the earth,
heal the sick,
let the oppressed go free
and fill your Church with power from on high.

(Sung) **Amen. Come, Holy Spirit.**

Gather your people from the ends of the earth
to feast with Blessed Mary
and all your saints
at the table in your kingdom,
where the new creation is brought to perfection
in Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

(Sung) **Amen. Amen. Amen.**

Silence is kept.

The Lord's Prayer

Rejoicing in God's presence here among us,
let us pray with confidence as our Saviour has taught us.

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

*The **Agnus Dei** is sung as the bread is broken for distribution.*

**Jesus, Lamb of God,
have mercy on us.**

**Jesus, bearer of our sins,
have mercy on us.**

**Jesus, redeemer of the world,
grant us peace.**

Invitation to Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The president and people receive communion. All baptised Christians are welcome to receive the sacrament. Please follow the guidance offered by the stewards.

If you are not baptised, or would prefer to not receive, then do still come forward for a blessing bringing this book with you so the president knows your intention.

The sacrament is available in both kinds, however if you wish to only receive the bread please do so and then return to your place. Receiving in one kind is still considered to be full communion by the Church of England. Please do not dip bread in the wine (sometimes called 'intincting').

It might be helpful to use this prayer during the distribution.

**Lord of living waters
you save us from the flood
of violence and despair:
reach out to us
when faith is weak,
when we are going under
and make us unafraid
to walk with you;
through Jesus Christ,
in whom we are raised.
Amen.**

Anthem

Sung by the Choir.

Ave verum corpus,
natum ex Maria virgine;
vere passum, immolatum
in cruce pro homine.

Cujus latus perforatum
vero fluxit sanguine.
Esto nobis praegustatum,
mortis in examine,

O clemens, O pie,
O dulcis Jesu, fili Mariae.

Words: 14th century

Music: Edward Elgar (1857-1934)

English Translation:

*Jesu, Word of God incarnate, of the Virgin mother born;
on the cross thy sacred body for us men with nails was torn.
Cleanse us in the sacred fountain, opened in thy pierced side;
feed us with thy body broken, broken in death's agony.*

The following communion hymns may be sung during the distribution as time allows. Please remain seated.

**Bread of heav'n, on thee we feed,
for thy flesh is meat indeed;
ever may our souls be fed
with this true and living bread;
day by day with strength supplied
through the life of him who died.**

**Vine of heav'n, thy blood supplies
this blest cup of sacrifice;
Lord, thy wounds our healing give,
to thy cross we look and live:
Jesus, may we ever be
grafted, rooted, built in thee.**

Words: Josiah Conder (1789-1855)

Music: William Dalrymple Maclagan (1826-1910)

Hymn Tune: BREAD OF HEAVEN

**Just as I am, without one plea
but that thy blood was shed for me,
and that thou bidst me come to thee,
O Lamb of God, I come.**

**Just as I am, though tossed about
with many a conflict, many a doubt,
fightings and fears within, without,
O Lamb of God, I come.**

**Just as I am, poor, wretched, blind;
sight, riches, healing of the mind,
yea, all I need, in thee to find,
O Lamb of God, I come.**

**Just as I am, thou wilt receive,
wilt welcome, pardon, cleanse, relieve:
because thy promise I believe,
O Lamb of God, I come.**

**Just as I am, thy love unknown
has broken ev'ry barrier down,
now to be thine, yea, thine alone,
O Lamb of God, I come.**

**Just as I am, of that free love
the breadth, length, depth and height to prove,
here for a season, then above,
O Lamb of God, I come.**

*Words: Charlotte Elliott (1789-1871)
Music: Arthur Henry Brown (1830-1926)
Hymn Tune: SAFFRON WALDEN*

The Post Communion Prayer

Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.

God of our pilgrimage,
you have willed
that the gate of mercy should stand open
for those who trust in you:

**look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.
Amen.**

A hymn is sung.

**Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty,
hold me with thy pow'ful hand:
bread of heaven, bread of heaven,
feed me till I want no more,
feed me till I want no more.**

**Open now the crystal fountain
whence the healing stream doth flow;
let the fire and cloudy pillar
lead me all my journey through:
strong deliv'rer, strong deliv'rer,
be thou still my strength and shield,
be thou still my strength and shield.**

**When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction
land me safe on Canaan's side:
songs of praises, songs of praises
I will ever give to thee,
I will ever give to thee.**

*Words: William Williams (1717-1791)
translated by Peter Williams (1727-1796) and others
Music: John Hughes (1873-1932)
Hymn Tune: CWM RHONDDA*

The Dismissal

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

The Dismissal

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

Our regular services

Sung Eucharist:	Every Sunday at 10.00 am
Said Eucharist:	Every Wednesday at 10.00 am
Choral Evensong:	First Sunday of the month at 6.00 pm
Compline:	Next on Wednesday 4 September at 8.30 pm (There is no service of Compline in August)


Contact us

If you'd like to get in touch you can call us on **0113 264 5790**, send an email to **hello@whitkirkchurch.org.uk**, or find more details on our website at **whitkirkchurch.org.uk/contact**.

Please take this booklet home to recycle
or share with your friends and neighbours.

St Mary's Church, Whitkirk 390 Selby Road Leeds LS15 0AA

Registered Charity Number 1130280

 whitkirkchurch.org.uk  /whitkirkchurch  @stmaryswhitkirk