



Where all find a welcome and are nurtured in their journey with Christ.

# Sung Eucharist

The first Sunday of Lent



# Welcome to St Mary's

## Support our work

St Mary's is a charity which receives no funding from the government and is entirely dependent on donations and fees to keep its doors open, continue its work in the community, and maintain its buildings and outdoor spaces.

If you would like to donate to support us you can give during the service as giving plates are passed around. Alternatively, you can place your offering on the plate by the door as you leave or tap your contactless card or device, or give online by card or directly from your bank by scanning this QR Code with your phone's camera or by visiting [wkrk.uk/donate](https://wkrk.uk/donate).



If you'd like to give in some other way, find out about planned giving, or learn how we use donations then please ask any member of our team.

## Accessible for everyone

We aim to be accessible for everyone. For more information on accessibility at St Mary's please see [wkrk.uk/access](https://wkrk.uk/access) or ask any member of our team.



## Our stewards are here to help

Please follow all instructions from our stewards, especially during communion. If you need extra help during a service, or if you would need help to leave the building in an emergency, please let us know.

## Digital order of service available

If you prefer, you can follow our order of service on your own phone or tablet. Just visit [wkrk.uk/oos](https://wkrk.uk/oos) on your browser or scan this QR Code.



## This service is streamed

We record and live-stream many of our services. If you'd prefer not to appear on camera, please let any member of our team know. You can find more information on streaming, privacy and your rights on our website at [wkrk.uk/sp](http://wkrk.uk/sp) or by scanning this QR Code.



## Communion is your choice

Communion is available as both bread and wine, but if you wish to only receive the bread please do so and then return to your seat. Receiving only the bread is still considered to be full communion by the Church of England.

## Children welcome

We love having children at our services and we want them – and their families – to love being here. If your children need to move around or make noise during the service, please don't feel uncomfortable. We are glad to hear and see them: they are the future of the church!

Toys and activities are provided in our Family Corner just inside the main door and children are welcome to make use of these either in this area or in their pew. This area is not supervised; children must be supervised by a responsible adult at all times.

## Safeguarding

Our Parish Safeguarding team can be contacted at any time. You can talk to Rev'd Claire or to Janet Blenkinsop, our Parish Safeguarding Officer, you can email [safeguarding@whitkirkchurch.org.uk](mailto:safeguarding@whitkirkchurch.org.uk), or you can find more information and contact details at [wkrk.uk/safe](http://wkrk.uk/safe).



# Upcoming services

## **Messy Church**

Today at 4.00 pm

## **Said Eucharist**

Wednesday 12 March at 10.00 am

## **Sung Eucharist for the second Sunday of Lent**

Sunday 16 March at 10.00 am

# Notices and events

## **North-West corner refurbishment**

As you may know, we are doing some essential work in the North-West corner of the church (the area where the tech desk currently sits) to address problems of damp in the walls, to create a new accessible area, and to tidy up some of our technology. This work is well underway and the first phase is on track to be completed before Easter. Our contractors will keep disturbance to services to a minimum; Wednesday morning and Sunday services will run as usual and we will be able to continue to hold funerals and other occasional services. Daily Prayer will also continue at 8.30 am and 5.30 pm Tuesday to Saturday. We still have a small number of pews looking for a good home (suggested donation £50). These can be viewed in the Community Centre. Talk to Claire or to a Churchwarden for more information, or see [wkrk.uk/pews](http://wkrk.uk/pews).

If you want to have a more detailed overview of the work planned do have a look at the relevant page on our website at [wkrk.uk/nwc](http://wkrk.uk/nwc).

## **The Leeds South & East Food Bank: What's Needed?**

The Leeds South & East Food Bank continues to be in urgent need of donations of food to help feed those in most need. In particular at the moment they are asking for **tinned potatoes, tinned fruit, UHT milk, tinned vegetables** and **biscuits**.

If you are able, you can donate by picking one of these items up in your weekly shop and dropping it in the box at the back of the church. You can find other ways to help, including donating money or your time, on their website at [wkrk.uk/fbd](http://wkrk.uk/fbd) or see the poster and leaflets available in the Community Centre about their Lent '40p for 40 days' appeal. If you need the help of a foodbank yourself, see [wkrk.uk/fbh](http://wkrk.uk/fbh).

## **Junior Choir**

Our Junior Choir will be back for another set of five rehearsals on 11, 18, and 25 March and 1 and 8 April. The Junior Choir will then join us in church (and in procession!) to sing with us at our Palm Sunday service on 13 April. Please tell anyone you know with children in Years 3 to 6 about the Junior Choir. We'd love to have some more members when we meet again.

**Lent Talks 2025:  
"We believe in the Holy Spirit",  
led by Bishop Arun Arora, Bishop of Kirkstall**

**Wednesday 12 March at 7.00 pm  
St Mary's Church, Whitkirk**

The first of our 2025 lent talks focussing on aspects of the Creed, offering an opportunity to think more deeply about the words that we repeat each week, which encapsulate what it means to be a Christian.

All the talks will take place in the church at 7.00 pm and will be followed by a service of Compline, which will end at about 8.15 pm.

This evening's talk is led by Bishop Arun Arora, Bishop of Kirkstall, with Compline led by Claire Honess.

**'The Beauty of the Night' - An evening of  
beautiful choral music sung by the  
Masterworks Chorale**

**Saturday 22 March at 7.30 pm  
St Mary's Church, Whitkirk**

A concert of music from the 16th century to the present day, including music related to stars, the beauty of the night and the wonders of the world as well as a section of music marking the anniversary of one of England's finest composers, Orlando Gibbons (1583-1625).

Tickets £10, available on the door or see Heather after this morning's service.

**Join us after the service for refreshments**

You are warmly invited to join us for refreshments in our Community Centre after the service.

# The Gathering

*Our worship begins at the sound of the bell, please stand as the sacred ministers enter in silence.*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

*The president introduces a period of silent prayer with the words 'Let us pray'.*

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

# A Psalm of Penitence

*The choir sings psalm 51 verses 1-4, 9-11.*

Have mercy upon me O God, after thy great goodness :  
according to the multitude of thy mercies do away mine  
offences.

Wash me thoroughly from my wickedness :  
and cleanse me from my sin.

For I acknowledge my faults :  
and my sin is ever before me.

Against thee only have I sinned, and done this evil in thy sight :  
that thou mightest be justified in thy saying  
and clear when thou art judged.

Turn thy face from my sins :  
and put out all my misdeeds.

Make me a clean heart O God :  
and renew a right spirit within me.

Cast me not away from thy presence :  
and take not thy holy Spirit from me.

# The Collect

*The president introduces a period of silent prayer with the words 'Let us pray for grace to keep Lent faithfully'.*

Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

# The Liturgy of the Word

*Please sit.*

A reading from the letter of Paul to the Romans.

‘The word is near you, on your lips and in your heart’ (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, ‘No one who believes in him will be put to

shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

*Romans 10.8b-13*

This is the word of the Lord.

**Thanks be to God.**

*Please stand as the gradual hymn is sung. To symbolise our desire to turn to Christ in our daily lives, at the end of the hymn we remain standing and turn to face the place where the Gospel is proclaimed.*

**Jesu, Lord of life and glory,  
bend from heav'n thy gracious ear;  
while our waiting souls adore thee,  
friend of helpless sinners, hear:  
By thy mercy,  
O deliver us, good Lord.**

**From the depth of nature's blindness,  
from the hard'ning pow'r of sin,  
from all malice and unkindness,  
from the pride that lurks within:  
By thy mercy,  
O deliver us, good Lord.**

**When temptation sorely presses,  
in the day of Satan's pow'r,  
in our times of deep distresses,  
in each dark and trying hour:  
By thy mercy,  
O deliver us, good Lord.**

**In the weary hours of sickness,  
in the times of grief and pain,  
when we feel our mortal weakness,  
when the creature's help is vain:  
By thy mercy,  
O deliver us, good Lord.**

**In the solemn hour of dying,  
in the face of judgment day,  
may our souls, on thee relying,  
find thee still our rock and stay:  
By thy mercy,  
O deliver us, good Lord.**

**Jesu, may thy promised blessing  
comfort to our souls afford;  
may we now, thy love possessing,  
and at length our full reward:  
Ever praise thee,  
good and ever-glorious Lord.**

*Words: James John Cummins (1795-1867)*

*Music: Edward John Hopkins (1818-1901)*

*Hymn Tune: SAINT RAPHAEL*

## **Gospel Reading**

Praise to you, O Christ, King of eternal glory.  
The Lord is a great God,  
O that today you would listen to his voice.  
Harden not your hearts.

*cf Psalm 95.3,8*

### **Praise to you, O Christ, King of eternal glory.**

Hear the Gospel of our Lord Jesus Christ according to Luke.

### **Glory to you, O Lord.**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."' Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."' Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself

down from here, for it is written, “He will command his angels concerning you, to protect you”, and “On their hands they will bear you up, so that you will not dash your foot against a stone.” Jesus answered him, ‘It is said, “Do not put the Lord your God to the test.”’ When the devil had finished every test, he departed from him until an opportune time.

*Luke 4.1-13*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **The Sermon**

*Please sit after the preacher leads us in prayer.*

## **Affirmation of Faith**

*Please stand with the president.*

Let us affirm our faith in Jesus Christ the Son of God.

**Though he was divine,  
he did not cling to equality with God,  
but made himself nothing.  
Taking the form of a slave,  
he was born in human likeness.  
He humbled himself  
and was obedient to death,  
even the death of the cross.  
Therefore God has raised him on high,  
and given him the name above every name:  
that at the name of Jesus  
every knee should bow,  
and every voice proclaim that Jesus Christ is Lord,  
to the glory of God the Father.  
Amen.**

*cf Philippians 2.6-11*

## **Prayers of Intercession**

*Following an invitation to pray from the intercessor we kneel or sit to pray.*

*The response to the bidding.*

Lord, in your mercy.

**Hear our prayer.**

*Then at the end.*

Merciful Father,

**Accept these prayers for the sake of your Son,  
Our Saviour Jesus Christ.  
Amen.**

## **The Liturgy of the Sacrament**

*Please stand with the president.*

### **The Peace**

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
who has given us access to his grace.

*Romans 5.1,2*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

*This is usually a handshake shared with those near you.*

# Preparation of the Table

*The table is prepared and bread and wine are placed upon it.*

*A hymn is sung. During this hymn a collection, our financial offering in support of the work of the church both at St. Mary's and across our diocese, is taken.*

*You can place cash or giving envelopes on the collection plates as they are passed around. If you would prefer, or if you miss the plate, you can also give by scanning this QR code, or by tapping your contactless card or device on the card reader by the door as you leave.*



**Dear Lord and Father of mankind,  
forgive our foolish ways!  
re-clothe us in our rightful mind,  
in purer lives thy service find,  
in deeper rev'ence praise,  
in deeper rev'ence praise.**

**In simple trust like theirs who heard,  
beside the Syrian sea,  
the gracious calling of the Lord,  
let us, like them, without a word  
rise up and follow thee,  
rise up and follow thee.**

**O Sabbath rest by Galilee!  
O calm of hills above,  
where Jesus knelt to share with thee  
the silence of eternity,  
interpreted by love,  
interpreted by love!**

**Drop thy still dews of quietness,  
till all our strivings cease;  
take from our souls the strain and stress,  
and let our ordered lives confess  
the beauty of thy peace,  
the beauty of thy peace.**

**Breathe through the heats of our desire  
thy coolness and thy balm;  
let sense be dumb, let flesh retire;  
speak through the earthquake, wind, and fire,  
O still small voice of calm,  
O still small voice of calm!**

*Words: John Greenleaf Whittier (1807-1892)  
Music: Charles Hubert Hastings Parry (1848-1918)  
Hymn Tune: REPTON*

## **Taking of the Bread and Wine**

God of our journey,  
as we walk with you on your path of obedience,  
sustain us on our way and lead us to your glory;  
through Jesus Christ our Lord.

**Amen.**

# The Eucharistic Prayer (F)

*Please kneel or sit.*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and singing:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord God, you are the most holy one,  
enthroned in splendour and light,  
yet in the coming of your Son Jesus Christ  
you reveal the power of your love  
made perfect in our human weakness.

*Sung:*       **Amen. Lord, we believe.**

Embracing our humanity,  
Jesus showed us the way of salvation;  
loving us to the end,  
he gave himself to death for us;  
dying for his own,  
he set us free from the bonds of sin,  
that we might rise and reign with him in glory.

*Sung:*       **Amen. Lord, we believe.**

On the night he gave up himself for us all  
he took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

*Sung:*           **Amen. Lord, we believe.**

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you; this is my blood of the new covenant  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

*Sung:*           **Amen. Lord, we believe.**

Therefore we proclaim the death that he suffered on the cross,  
we celebrate his resurrection, his bursting from the tomb,  
we rejoice that he reigns at your right hand on high  
and we long for his coming in glory.

*Sung:*           **Amen. Come, Lord Jesus.**

As we recall the one, perfect sacrifice of our redemption,  
Father, by your Holy Spirit let these gifts of your creation  
be to us the body and blood of our Lord Jesus Christ;  
form us into the likeness of Christ  
and make us a perfect offering in your sight.

*Sung:*           **Amen. Come, Holy Spirit.**

Look with favour on your people  
and in your mercy hear the cry of our hearts.  
Bless the earth,  
heal the sick,  
let the oppressed go free  
and fill your Church with power from on high.

*Sung:*           **Amen. Come, Holy Spirit.**

Gather your people from the ends of the earth  
to feast with the Blessed Virgin Mary and all your saints  
at the table in your kingdom,  
where the new creation is brought to perfection  
in Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

*Sung:*           **Amen, amen, amen.**

*Silence is kept.*

## **The Lord's Prayer**

Lord Jesus, remember us in your kingdom  
and teach us to pray.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

Every time we eat this bread  
and drink this cup

**we proclaim the Lord's death  
until he comes.**

*The **Agnus Dei** is sung as the bread is broken for distribution.*

**Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
grant us peace.**

## **Invitation to Communion**

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*The president and people receive communion. All baptised Christians are welcome to receive the sacrament. Please follow the guidance offered by the stewards.*

*If you are not baptised, or would prefer to not receive, then do still come forward for a blessing bringing this book with you so the president knows your intention.*

*The sacrament is available in both kinds, however if you wish to only receive the bread please do so and then return to your place. Receiving in one kind is still considered to be full communion by the Church of England. Please do not dip bread in the wine (sometimes called ‘intincting’).*

*To the words “The Body/Blood of Christ” the communicant replies “**Amen**”.*

*For those at home it might be helpful to use this prayer during the distribution.*

*Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and prayer  
that we may witness to your saving love  
in Jesus Christ our Lord.  
Amen.*

## **Anthem**

*Sung by the Choir.*

Steal away, steal away,  
steal away to Jesus.  
Steal away, steal away home,  
I ain't got long to stay here.

Steal away, steal away,  
steal away to Jesus.  
Steal away, steal away home,  
I ain't got long to stay here.

My Lord, he calls me,  
he calls me by the thunder;  
the trumpet sounds within my soul;  
I ain't got long to stay here.

Steal away, steal away,  
steal away to Jesus.  
Steal away, steal away home,  
I ain't got long to stay here.

My Lord, he calls me,  
he calls me by the lightning;  
the trumpet sounds within my soul;  
I ain't got long to stay here.

Steal away, steal away,  
steal away to Jesus.  
Steal away, steal away home,  
I ain't got long to stay here.

*Words & Music: Spiritual (African-American)  
arranged by Tim Brace (b. 1951)*

*The following communion hymns may be sung during the distribution as time allows. Please remain seated.*

**Lead us, heav'nly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us,  
for we have no help but thee;  
yet possessing ev'ry blessing,  
if our God our Father be.**

**Saviour, breathe forgiveness o'er us:  
all our weakness thou dost know;  
thou didst tread this earth before us,  
thou didst feel its keenest woe;  
lone and dreary, faint and weary,  
through the desert thou didst go.**

**Spirit of our God, descending,  
fill our hearts with heav'nly joy,  
love with ev'ry passion blending,  
pleasure that can never cloy:  
thus provided, pardoned, guided,  
nothing can our peace destroy.**

*Words: James Edmeston (1791-1867)*

*Music: Friedrich Filitz (1804-1876)*

*Hymn Tune: MANNHEIM*

**Forty days and forty nights  
thou wast fasting in the wild;  
forty days and forty nights  
tempted, and yet undefiled.**

**Sunbeams scorching all the day;  
chilly dew-drops nightly shed,  
prowling beasts about thy way,  
stones thy pillow, earth thy bed.**

**Shall not we thy sorrows share,  
and from earthly joys abstain,  
fasting with unceasing prayer,  
glad with thee to suffer pain?**

**And if Satan, vexing sore,  
flesh or spirit should assail,  
thou, his vanquisher before,  
grant we may not faint nor fail.**

**So shall we have peace divine;  
holier gladness ours shall be;  
round us too shall angels shine,  
such as ministered to thee.**

**Keep, O keep us, Saviour dear,  
ever constant by thy side,  
that with thee we may appear  
at th'eternal Eastertide.**

*Words: George Hunt Smyttan (1822-1870)*

*and Francis Pott (1832-1909)*

*Music: melody from 'Nürnbergisches Gesangbuch' (1676)*

*Hymn Tune: AUS DER TIEFE (HEINLEIN)*

# **The Post Communion Prayer**

*Please stand with the president who introduces a time of silent prayer with the words 'Let us pray'.*

Lord God,  
you have renewed us with the living bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him  
who is the true and living bread,  
and enable us to live by every word  
that proceeds from out of your mouth;  
through Jesus Christ our Lord.

**Amen.**

**God of our pilgrimage,  
you have fed us with the bread of heaven.  
Refresh and sustain us  
as we go forward on our journey,  
in the name of Jesus Christ our Lord.  
Amen.**

*A hymn is sung.*

**Come down, O Love divine,  
seek thou this soul of mine,  
and visit it with thine own ardour glowing;  
O Comforter, draw near,  
within my heart appear,  
and kindle it, thy holy flame bestowing.**

**O let it freely burn,  
till earthly passions turn  
to dust and ashes in its heat consuming;  
and let thy glorious light  
shine ever on my sight,  
and clothe me round, the while my path illuming.**

**Let holy charity  
mine outward vesture be,  
and lowliness become mine inner clothing;  
true lowliness of heart,  
which takes the humbler part,  
and o'er its own shortcomings weeps with loathing.**

**And so the yearning strong,  
with which the soul will long,  
shall far outpass the pow'r of human telling;  
for none can guess its grace,  
till he become the place  
wherein the Holy Spirit makes his dwelling.**

*Words: Italian, Bianco da Siena (d. 1434)  
translated by Richard Frederick Littledale (1833-1890)  
Music: Ralph Vaughan Williams (1872-1958)  
Hymn Tune: DOWN AMPNEY*

## **The Dismissal**

### **The Blessing**

God,  
who from the death of sin raised you to new life in Christ,  
keep you from falling and set you in the presence of his glory;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

### **The Dismissal**

Go in the peace of Christ.

**Thanks be to God.**



## Our regular services

Sung Eucharist:	Every Sunday at 10.00 am
Said Eucharist:	Every Wednesday at 10.00 am
Choral Evensong:	First Sunday of the month at 6.00 pm
Compline:	First Wednesday of the month at 8.30 pm
Sacred Space:	Last Thursday of the month at 6.00 pm
Daily Prayers:	Tuesday to Saturday at 8.30am and 5.30pm

## Contact us

If you'd like to get in touch you can call us on **0113 264 5790**, send an email to **hello@whitkirkchurch.org.uk**, or find more details on our website at **whitkirkchurch.org.uk/contact**.

To help us reach net zero carbon emissions by 2030,  
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